

Minutes of the General Assembly 2018 Athens, Greece

Venue:

Athinais Cultural Centre, Kastorias Street, 34, Athens

October 7th Saturday 14:00-17:30 & October 8th 09:00-14:00

Saturday October 7th 2018 14:00

Present Delegates and Deputies: Annlies S. Switzerland, Dana H. Czech Republic, Vedrana K. Croatia, Sanela J. Croatia, Mette O. Denmark, Jessica H. Sweden, Elli K. Greece, Ana C. Portugal, Monika A. Rumania, Irina T. Rumania, Hilda W. Israel, Athena P. Cyprus, Mariam M. Cyprus, Paola M. (Substitute) France, Chloe G. (Substitute) France, Rosemarie S. Netherlands, Marcia P. Italy, Katalin V. Hungary, Katalin W. Hungary, Sini-Maria T. Finland, Izabela G. Poland, Indra M. Latvia, Elina C. (Substitute) Latvia, Barbara B. Germany, Lucia W. Germany, Nina K. Russia, Jeannette McD. UK, Richard C. UK, Eduard C. Spain, Rosa Maria R. Spain and Susan S. UK

Board Members: Shirley M., Julia M., Vincenzo P., Imke F.,

Observers: Nina Greece, Petra A. Austria, Marilena K. Greece, Alexia Greece, Job C. Netherlands, Konstantia St. Greece, Terje Estonia, Mari Estonia, Olga P. Greece, Anica Rumania, Nicole H. Germany, Indra D. Germany, Marta Czech Republic, Stella Greece, and colleagues from Belgium, France, Spain, Slovenia

1. President's welcome and opening of 2018 General Assembly (GA)

Vincenzo Puxeddu spoke about the quality of contents of the proposals for the conference and the strengthening of our Identity as EADMT DMTs.

He shared how touched he was by the participants coming from Europe and the rest of the world. This is evident of the development of an Annual World Programme.

Regarding the Board and the Working Groups he spoke of the Importance of collaboration and of working together all year long. The GA is the opportunity to discuss the work of the year and to take decisions. But discussion in National Associations (NAs) are also important to add to the discussions.

The GA is open to European professionals as well as NA Member Delegates and Deputy Delegates. This develops a strong relationship between Member NAs DMT professionals in Europe and elsewhere. We are also faced with a challenge: that many DMT Professional Associations from other continents wish to be in close relationship with EADMT, so perhaps there is a need to explore new ways to develop these links.

- 2. Acknowledgement of appropriate invitation affirmed
- 3. Ensure Quorum of meeting:

1/3rd of all members must be present – ALL present.

Voting numbers:

ALL Full Professional members are present (10 countries - each 2 votes = 20 votes) and 4 Full Basic Professional Members (except the Ukrain) are present (4 countries - each 1 vote = 4 votes), together = 24 Votes

4. Call for chair of GA

Vincenzo Puxeddu - President

- 5. Call minute keeper/scribe: Susan Scarth
- 6. Acknowledge Financial Audit Committee: Eduard Martin C., Spain, Annlies S., Switzerland
- 7. Presentation and agreement of Agenda: Agreed
- 8. Approval of Minutes of 2017 GA

24 votes

9. Board's reports – including actions taken and suspended

President's report

Vincenzo Puxeddu

Special thanks to Julia Morozova as Board member responsible for Communications who is standing down today after completing 6 years on the Board.

As a Board we have taken the initiative to stay in touch with Delegates/Members. Particularly in relation to Training Standards (TS). TS Feedback not always prompt or complete. Why? How can we be more interactive? This is a vial question. We must stay strong with the Delegates and Deputy Delegates.

The Board are committed to communicate with Delegates and DMTs throughout Europe. He reminds the delegates that we have 3 main channels of communication:

- 1. EADMT website
 - We need to receive regular information from each Member to add to the website
- 2. Facebook
 - For professional development, dialogue and not just advertising. Do your colleagues in your countries know about this facebook page? How do you let your NAs members know about the facebook.
- 3. <u>Listserve</u> is this information regarding how to be a part of this link shared with members of NAs across Europe

Thank you to Susan regarding her continuing work on Training Standards Working Group. Her skills are valuable and so we have formalised her role as coordinator on this Working Group (WG). Let's consider how we can develop this best practice to other WGs.

<u>Switzerland:</u> Thank you for personalised email, to which a reply was sent. But the reply was not acknowledged, and she received the email repeatedly. She wondered if her response was received. Vincenzo apologised for this and will try and make sure it doesn't happen again. <u>Imke Fiedler Secretary</u> – She reminds the delegates, please make sure your contact details are up to date and communicated with Secretary. To be included on the Listserve you must contact Communications.

<u>Switzerland:</u> How should Delegates respond to emails from Board, is there a general protocol for replying, eg Reply All or Reply to Sender?

ACTION: Board to clarify and inform Delegates and Deputy Delegates

Communications report Julia Morozova

Julia has undertaken her tasks as much as possible, with the conference taking up a lot of time. The film and training information is updated.

The minutes from Barcelona GA 2017 will be uploaded following approval of Minutes at Athens GA 2018.

There is a need for more information to be forthcoming from Delegates to improve the dialogue between Members.

Listserve has been functioning. This is an open communication space and unregulated. LinkedIn page is working

YouTube channel = eadmt; still open and private to Members

This year Communications have been closely involved with Conference Group.

Many thanks to the scientific reviewers that ensured this high standard in the 2018 conference programme.

Secretary's report Imke Fiedler

- The Board met three times; Berlin, Sardinia, Athens pre-conference plus 9 Skype meetings.
- Secretary's responsibilities to keep in touch with all Members.
- Please take note of, and answer, the question about numbers of members in your Association. This offers us useful information about the situation in the profession across the continent.

Total amount of members to date is 2621.

This number does not give us any information on how many professionals, students, or associate members are listed with the National Assoc. This should be more specified in the future.

- Please take note of the Delegates and Deputy Delegates' Personal Profiles as it is interesting to hear about where your colleagues where trained, etc.
- Imke maintains a close connection with Membership Committee as it is helpful to be aware and discuss the issues arising on their work. This is an important link with the Board.
- German/Euro bank account now in place.

10. Treasurer's report Shirley Mawer

UK account closing down and Euro account now in place. This facilitates payment of membership fees and reduces costs resulting from currency exchange.

Yearly accounts: 1/06/17-31/05/18

Attention drawn by Financial Audit Committee to discrepancy between the figures in Euro account and GBP account – due to a changeover from one account to another.

Estimated budget 1/06/18-31/05/19

Decision made to keep face to face Board meetings to 2 per year to reduce travel costs of Board members

Outgoings: Board meetings, Accountancy - reduced as service is currently free

Fees payment: Request that Membership fees be referenced with the code allocated to each

Member. Please ensure this is done

ACTION: Final accounts to be sent out following GA

Questions:

<u>Latvia</u>: is there an income from the conference? Shirley declared that It was agreed between Greek Association and EADMT Board that there would be a 40/60 share of financial responsibility and profits. 40% responsibility rests with EADMT.

- **11.** Financial Auditing Committee's report Following a brief meeting with Shirley, and clarification of two points they approved the accounts.
- 12. Matters Arising from 2017 Minutes: none
- 13. Discussion arising from reports
 - i. Acknowledgement from members regarding the hard work of the Board.
 - ii. <u>Italy</u>/Marcia Plevin:
 - a. Perhaps EADMT can reflect on the proposal to consider that EADMT can offer a bursary towards those who offer their services to EADMT
 - b. Do we outsource professional services to engage specific skills?
 - c. Perhaps an 'award' to those who have shown dedication to EADMT through their service could be a Certificate
 - iii. UK makes several suggestions:
 - a. that they might offer financial help to the EADMT Membership Development Fund
 - b. Delegates urged to be in close communication with their National Boards
 - c. Can we encourage the Presidents of each Member Assoc. to attend the GA and/or conferences.
 - iv. Netherlands: made 2 suggestions
 - a. bring EADMT as a regular agenda item to NA Board meetings. This might also allow for the more inspirational content to be shared.
 - b. When Delegates and Deputies were not Board Members they really needed to be included onto the NA Board's agenda.
 - v. Greece: made 2 comments
 - a. They have decided to make sure one of the Delegates is included on the Board.
 - b. Perhaps a letter could be written from EADMT directly to the Presidents
 - vi. <u>Israel</u>: Reports from NAs need to arrive at Board but how is this dispersed?
- vii. <u>President:</u> Perhaps the website can be utilised more to share the NA reports. Secretary: please check if your link is correct on website.

- viii. <u>Netherlands</u>: We need to hear more info from NAs. Perhaps we could have a short briefing from each NA Board to share news from the last year, or a question, to improve dialogue?
- ix. Secretary: Perhaps these NA reports can be sent to all the Members

ACTION: Iza Poland offers to collate NA's reports into a **EADMT Newsletter** each year.

- x. <u>President</u>: Can all NA websites be translated into English, or at least some basic overview of the NA services and business?
- xi. <u>Communications:</u> Can info provided about EADMT be made accessible on all NA websites?
- xii. Germany: Can the Delegate list with emails be included on the website?
- **14.** GA Approval of business and activity of the Board 2017-2018

Votes = 24

15. Membership Committee Report

<u>New Members</u>: Iza Guzek Poland and Indra Dusele Latvia propose Austria for Full Basic Professional membership

Approval of Members

Votes = 24

Austria has 60 members and are delighted to accept their position in EADMT.

This adds a further vote and therefore we have 25 Votes

Discussions underway with Estonia, Slovenia and Belgium.

Israel wishes to become Full Basic Member.

Richard UK has been encouraging South Ireland to establish an Association and will put them in touch with EADMT Membership Committee.

<u>Renewals</u>: Next year Switzerland needs to undergo the renewal process; Finland and France will review documents for Switzerland.

2019 will see 9 Full Professional Members seeking renewal of Membership.

Discussions

- i. Full Professional Membership application requirements do NOT stress that fulfilment of the training must be in their own country.
 - <u>Spain</u>: The NA needs to find a way to formally approve programmes that meet EADMT Training Standards, outside their country
- ii. Israel: There are always differences across countries and so flexibility is needed
- iii. Membership Committee ask: Is it ok that Full Prof Member does not run/accredit a training programme in their country?
- iv. Each NA should hold a Professional Register with clear criteria for registration
- v. National standards and registration issues must be considered
- vi. Differentiate between national and European standards

ACTION: Committee to present proposal for next GA

vii. Issue of inclusion of which countries into EADMT eg Israel is outside of the geographical boundary of Europe

- Israel: Which European Institutions is Israel represented? Many!
- Should we change the Statutes to include Israel? Or Canada?
- <u>UK:</u> Can we have a Global Affiliate Membership? Or Netherlands: Professional Associates?
- <u>Croatia:</u> Can we allow more flexibility to include more countries that sit on the edge of Europe continent eg Turkey?
- Russia: The question of Israel might be the first of many wishing to join EADMT. Can we take responsibility to request that applicants outside of Europe respect European Law?
- <u>Germany</u>: What is European identity? How do we think about this issue regarding borders?
- Italy: Inclusion or exclusion?
- <u>Netherlands</u>: we are a moving organism and we need to recognise how we include other countries
- <u>Greece</u>: supports a more global association membership. For instance You are Greek
 if you share our culture. Perhaps we need to change from EADMT to something more
 global
- <u>Netherlands</u>: Consider possible conflicts between EU law, EADMT Statutes and widening our membership rules
- <u>Italy:</u> The World Alliance proposed by Tony Zhou China, and Kim Dunphy Australia seems to be in step with the feelings in the EADMT
- <u>UK</u>: European identity, global initiative and identifying our VALUES

ACTION: A working group is founded (Jessica H. (coordinator), Hilda W., Imke F., Shirley M.) to present proposal of more clarity regarding our standards for next GA. This important discussion will continue.

16. Voting New Board Members

Imke Fiedler Secretary to stand down this year. She offers a further 2 years.

GA requested to vote on whether to accept her offer

VOTE = 25

Julia Morozova stands down after 6 years. A new member must be voted onto the Board

Elli Kita, Greece has put herself forward. Accepted

VOTE = 25

17. Acknowledgement of outgoing Board Member – Julia Morozova with a big applause!!

Sunday 8th October 9:00

Welcome from President

18. Agenda of morning agreed

Matters arising from day 1: Israel want to hear more about the discussion regarding the point of who can be Members of EADMT. This can be included later in the morning.

President: we will discuss this further, and possibly include this into the Working Groups

Susan makes a request for clarity of discussion points, financial statements etc be sent to the Members at least 2 weeks prior to the GA – to ensure time for reflection etc.

19. New Board informs GA of official roles and responsibilities
Welcome to Elli Kita – to take over from Julia as Communications Officer
Vincenzo Puxeddu remains as President
Imke Fiedler remains as Secretary
Shirley Mawer remains as Treasurer
(delegate and deputy from Greece are not present, number of votes 23)

Votes = 23

20. Working Groups

Vincenzo P. stresses the importance of individuals who have undertaken key roles in the past to be retained where possible. Eg Susan's position as coordinator of Training Standards. We should consider how we might develop this with other key players as the EADMT grows and Delegates shift.

- i. Professional/State Recognition not working so much just now. Important to have an official representative/coordinator that can bring this work together.
 <u>Vincenzo P. Board</u>, Annlies St. Switzerland, Jeannette Mc D. UK, Petra A. Austria, Sini-Maria T. Finland, Katalin W. Hungary
- ii. **Research** Rosemarie S. Netherlands, Iza G. Poland, Indra M.-D. Latvia, Eduard C. Spain, Nina K. Russia, Terje Estonia
- Training Standards
 Susan S., Mette O. Denmark, Hilda W. Israel, Irina B. Russia, Marcia P. Italy, Katalin
 V. Hungary, Barbara B. Germany, Lucia W. Germany, Malgorzata W. Poland,
 Monica A. Rumania, Paola M. France, Chloe G. France, Tone S. France, Adda Greece
- iv. **Communication**s Elli K. Board, Indra D. Germany, Maria S. Greece, Rachele P. Italy, Dana H. Chech Republic, Anne G. France
- v. **Conference** <u>Richard C. UK</u>, Marcia P. Italy, Rosamaria R-J. Spain, Julia M. Netherlands, Irina T. Rumania
- vi. **Global Affiliation/Membership** <u>Jessica H. Sweden</u>, Indra M.-D. Latvia, Iza Guzek Poland, Hilda W. Israel, Shirley M. Board, Imke F. Board

When the Delegates choose to input into a working group it is important that they bring clear skills to this group, not just an interest, because we need to push the work forward. Delegates can invite qualified and skilled people from their country to bring their skills to the Working Groups.

<u>Germany</u>: Global Affiliation requires clarification of the Statutes; what does Europe mean and what does Full Professional Membership mean? This might be a larger discussion <u>Netherlands</u>: Research group has been very active through the year. How do we organise feedback to The Board?

<u>Germany</u>: Prefers to have a short review of WGs activity form the previous year added to the Agenda. This requires clear deadlines for production of reports.

Hungary: Please add the reports of WGs in the Newsletters

ACTION: Each co-ordinator to write a summary and send to the Board for dissemination

Today the groups need to meet and consider their agenda and how it is to grow.

For Professional/State Recognition there needs to be a representative from each Member.

Next GA will allow more time for the Working Group and feedback to the Board must be provided prior to the GA.

<u>Netherlands:</u> possible 2 time slots for the WGs – one to meet and one to feedback. Sweden: More time needed to dive into the work.

21. Working Groups (WG) Feedback

I. Research Rosemarie S.

Report from working session spread within group. This will continue and be shared in GA now.

- DATABASE on EADMT website send in English abstract of thesis (from institution from recognised by EADMT Board)
- 2. Research Literature Database eg Iris Braeuninger volunteers to make a structure for this and link it to the website, in connection with Research Group
- 3. Research dialogue can there be more dialogue around the Poster sessions at Conference eg Science Café to engender a dynamic dialogue.

Does EADMT GA agree with these plans?
Can we have one person to send these communications to?

<u>Israel</u>: How can this happen? Elli K. and Communications group can facilitate this. President: There needs to be a site on the website for each Working Group

II. State Recognition Group Vincenzo P.

Name of group should be **Professional Recognition** with State Recognition as one part of this.

ACTION: Questionnaire regarding situation in each country regarding State Recognition should go out to each NA. This will a very clear document.

Draft will be developed and by the end of the year there will be a definitive form. Deadline for responses is 1st May 2019

Imke F. points out that there had been such questionnaire in 2012 already. She will share the document with WG.

NB: The returning form will be an official form from the Member NA

Considerations: What is DMT status in relationship to Psychotherapy? What is the relationship of DMT with other AsTs and Arts in Health? What is DMT position in education/governmental system?

ACTION: President will meet officially with Ecarte regarding the professional relationship between EADMT and Ecarte, and other European Association of the AsTs.

<u>Switzerland:</u> Can we hold an archive of the previous material generated? This need formalising.

<u>Rumania:</u> Their country went down the Psychotherapy route in Rumania. They were told to go to EAP. Could the EADMT contact EAP and strengthen links?

III. Training Standards Susan Scarth

NB Contact Susan if NA needs to add information to their feedback on TS issues or ask further questions.

ACTIONS:

- Susan (coordinator) and Barbara (Germany) to 'flesh out' the existing Training Standards to offer examples and further description. This document will be provided alongside the agreed Training Standards.
- 2. Mette (Denmark) and Malgorzata (Poland) to create a Training Standards Assessment Sheet for the purpose of Membership Renewals of Full Professional Members in 2019/2020. This will form part of the final Training Standards document.
- 3. Clarity regarding the qualifications of Faculty Staff will be examined and gaps in standards available in NAs identified. Paola and Chloe (France) will undertake this review and consider the Professional Development training opportunities required.

Further Action includes:

- Susan to send feedback received to all members of Training Standards working group
- Susan to send link to Bologna process/ECTS document for their reference
- Group to gather the information, complete the tasks as agreed, Susan to coordinate
 the information and disseminate to group members in time for a
 Zoom/Appear.in/VSee meeting in January.
- Chloe to send a Doodle poll to all group members to identify date and time of the meeting.

Mutual Recognition: this issue was raised by some Members. Training Standards group refer to the EADMT Board to suggest a NA protocol to move this issue forward.

IV. Communication Elli Kita

Thanks to Julia for the work she has undertaken so far. Can we continue to receive information from Julia between now and Christmas?

- 1. How do we present ourselves on the website to our Members and professional community?
- 2. How do we present ourselves in the therapeutic community?
- 3. How do we improve internal communications?

We will create a private platform to communicate between Working Groups?

We have thoughts about enlivening the facebook page.

Regarding the web page itself – we want to widen the

V. Conference Irina Tepuru

The group would prefer to hold the next conference in three years to allow time to agree the theme, gain agreement from GA and have 2 years to deliver.

- 1. Job Description for the Conference Working Group to have a clear criterion for members of the group
- 2. What is the administrative side and the scientific aspect of the WG?
 - a) So the Research W Group could become the Scientific Reviewing body for the next conference

- b) How can we keep people with skills involved in the EADMT when they're not Delegates or on the Board?
- c) How can we give feedback to some of the presenters regarding how they might improve their delivery in future? Can we use video as part of the application? This creates new parameters. Perhaps ask this of keynote speakers. Possibly offer some practical skills-base seminars as CPD?

<u>UK:</u> How do we enable continuity of experience eg involve Julia M. in the organisation going forward?

Rumania: Can we hold a budget for volunteers?

<u>Julia M:</u> Conference App where all the material we need is. Can we budget this into the EADMT annual budget?

Israel: Offers to take care of a booklet of papers.

<u>Croatia:</u> How to keep valuable people – can we invite people to shadow Board Members as they face standing down.

<u>Italy:</u> Remember the different settings and the different parameters required when there is virtual presentation.

UK: Global Panel added to the Conference? As the ADTA include an International Panel

VI. Global Affiliation Jessica Heuvels – coordinator

Shirley feeds back on her behalf

Communication between countries outside the geographical European map - What needs to change?

Statutes name membership to include those countries within the geographical map of Europe.

- 1. How to make the changes necessary for further inclusivity?
- 2. How do other European AsTs deal with this issue?

ACTION: The group will communicate monthly following the tasks undertaken, and will make a proposal by June 2019 for discussion and possible agreement.

<u>Italy</u>: Intention of World Alliance of DMT and how does it differ to the EADMT? What are the intentions of each vision?

<u>President</u>: We are already in dialogue with the World Alliance, however clarity of EADMT Statutes regarding Membership must be achieved.

22. Reflections on Conference - no time to share

23. Next GA 2019

Portugal were invited to hold the GA in 2019. Ana Coimbra Oliveira President shares that they have been uncomfortable about holding the GA given they are very young, 3 years old and very small, 6 members – but the EADMT Board were very insistent after they had proposed themselves last year.

So Portugal has identified a specific project of the Association and not the Board's responsibility. So they accept the invitation and it will be their project to raise awareness of EADMT with the hope to inspire DMTs in Portugal about EADMT.

Date: Sun 6th/ Mon 7th October 2019 with Sat 5th October 2019 for workshops
Workshops on Saturday, Working Groups Sat evening, GA Sunday 9-6 and Monday 9 – 3
Programme to be decided by Portugal.

No Vote taken – general acceptance

24. Dates and hosting of next GA's

2019 GA: Portugal - definite **2020 GA:** Netherlands - definite

2021 GA: Estonia, Croatia, Rumania or Russia – to be discussed at NA level

2021 or 2022 Conference: Possibly Germany – date and year of conference to be decided

ACTION: To continue with the Discussion No Vote

End of GA 2018