

Minutes General Assembly 2020

online stationed in Cagliari/Sardinia

Saturday October 3rd 10.00 – 16.30 & Sunday 4th 9.30 – 15.30

Saturday 3rd October 2020 10.00 – 12.30

Present: Board - President Vincenzo P., Secretary Imke F., Treasurer Iza G., Communication Elli K., Mette O. (Denmark), Indra M.-D. (Latvia), Susan S. (Coordinator), Jessica H. (SW), Paulina J. (Finland), Celine de M. (Belgium), Terje K. (Estonia), Vesna J. (Slovenia), Nina K. (Russia), Malgorzata W. (Poland), Fernando B. (Italy), Anna-Maria T. (Austria), Raimonda D. (Lithuania) Liv Marie L. (Norway), Kitty V. (Netherlands), Irina T. (Romania), Marta L. (Czech Rep.), Rosa Maria R. (Spain), Ben E. (Switzerland), Ana C. (Portugal), Amanda K. (Greece), Anne Sophie M. (France), Olha Z. (Ukraine), Katalin S. (Hungary), Hilda. W. (Israel).

- **1.** President explains instructions for online participation. Announces beginning of GA 2020.
- **2.** Acknowledgement of Appropriate invitation

 The invitation with all proposals were sent out July 1st, 2020
- **3.** Ensure of quorum meeting: <u>26 votes are present</u> at this moment and approved.
- **4.** Vincenzo approved to be chair of the GA.
- **5.** Call of minute keepers: Hilda W., Lucia W., Imke F. and Ana C.
- 6. Iza acknowledges the audit committee: Nina K. (Russia) and Amanda K. (Greece)
- 7. Presentation and agreement of agenda. Topics and order of discussion shall stay as proposed
- 8. Approval of 2019 minutes. (28 votes present, UK delegate arrived) 28 votes approve (against= none/abstention=none)
- 9. Board reports (have been sent to the delegates prior to the meeting; see email Sep. 21st 2020)
- President's report presented by Vincenzo P.
- Secretary's report presented by Imke F. (National Numbers attachment 1)
- Communication's report presented by Elli K.
 Elli plans to add some place to share activities in NA on the process, the newsletter is *a posteriori*.
- 10. Treasurer's report presented by Iza G.

It was discovered that there are some taxes to be paid according to German law, because we are registered in Munich. Now we have a tax number there. No need to pay taxes except regarding conference's income which are profit.

Financial report presented. Actual budget 1-6-2019 to 31-5-2020 (attachment 2) Estimated budget 1-6-2020 to 31-5-2021 (attachment 3)

Reminder: to include the membership ID together with the country's name in the form of renewal of registration.

- **11.** Auditing committee: Nina K. and Amanda K., the report is correct.
- **12.** Discussion regarding the reports presented by the board.

Elli to Hilda's question about public presence of EADMT: she will take care of this during the year.

Imke raised the lack of collaboration of NA regarding the information about number of members: maybe we count NA members only every 5 years? Nina: every 3 years. Rosa Maria: every 2 years. It is a picture of the profession.

Norway: knowing the numbers will strengthen us. Lucia agreed.

Richard C. it gives a sense of aliveness.

Vincenzo: we need these numbers for the State recognition issue. He asked Imke what the difficulty regarding the numbers is?

Imke: I don't receive the numbers in the form from the delegates. Please delegates, you fill in the forms, because your national offices usually only pay the fees. We are looking for the number of professional members only.

Susan, it has always been difficult to get data, in UK and in Europe. Suggest to give this task to WG TS or State recognition. - Another form will probably not be the solution.

Vincenzo: the information of membership in NA is very important for State recognition. The *old* countries do not grow so much, it is the *new* countries that grow.

Imke: Solution: The countries who don't send new numbers, will keep the numbers of last year.

- Jessica asked regarding the issue of the relationship with the German tax authorities? Imke suggestes to hand over the notary and tax matter to the secretary of the German DMT Assoc. We need to ask and check the costs.
- 13. Approval of Board activity 2019 2020. (30 votes present, the German delegate arrived)
 30 delegates approve board reports
 (against= none/abstention=none)
- **14.** Approval for the extension of the board positions of Communication Elli and Secretary Imke for one year (as online voting for board positions is not allowed) general approval
- 15. Proposals by Iza regarding financial regulations, after consulting an accountant.
 - 1. Costs for the hosting of board members' meetings. There is a need of legal allowance in order to pay for the expenses of the hosting person (providing meals for the other board members). (see proposal 1 & 2 attachment 4)

(Greek delegate with 2 votes is absent at this moment) 28 votes approve (against= none/abstention=none)

1000 euro which go to NA hosting the GA. There is a need to include this in the rules of procedures. (Greece delegate returned)
 30 votes approve (against= none/abstention=none)

>> Lunch Break 12.30 – 13.30

Online GA Saturday, Oct. 3rd 2020 13:30 - 17:30pm

16. Draft of guidelines for working groups (aims, structure, participants)

Iza points out that we have to look at working group activities. How can we support travelling costs and make this an official donation. Last year we discussed if every working group leader or WG in general should receive 100,- €.

Discussion arises about, "What is the difference between a working-group and a committee?" and "How is the communication between both?"

Vincenzo shares the idea of improving and supporting the working-groups, to be clear about their aims and functions.

Susan points out a working-group is a combination of task-groups. We need a clear definition. Research Committee makes decisions. They need the input of working-groups; to have two chairs in those structures

Iza: a working group should be open and must keep the track. A committee is our body, here, members are voted for 4 years and stay on this position. They have very specific tasks to do. For example, the Membership Committee is not open. Here we need committed delegates.

Nina: A committee is more performing, limited members are allowed. They have a clear task. Rose-Maria: Working-groups have a goal; the process is more fluent and more process-oriented.

- According to the communication and exchange among the working groups: Imke: There is not really a communicative connection throughout the year. A suggestion could be, to create skype meetings with board and all WG coordinators, maybe 2 times a year. This discussion shall be continued in the WGs on Sunday morning.

17. Membership Committee Report:

- 17.1 The membership committee proposes to the GA to vote for a change of status of
- Israel from Associate Membership to Full Basic Membership

30 votes approve

(against= none/abstention=none)

- **17.2** Peer Review Process about Full Basic membership Renewal The membership committee proposes to the GA to vote for
- Czech Republic membership renewal:(Belgium & Austria reviewed) 30 votes approve /1 abstention (with Israel being a Full Basic Member, there is an extra vote now 31 in total)
- 17.3 Peer Review Process about Full Basic membership Renewal

The membership committee proposes to the GA to vote for

- France's membership renewal: (Austria and Switzerland reviewed) 30 votes approve/ 1 abstention
- 17.4 Welcoming new members Associated Membership:

The membership committee proposes to the GA to vote for

- Lithuania as an associated member (in total 31 votes) <u>31 approve</u>

17.5 Welcoming new members - Associated Membership:

The membership committee proposes to the GA to vote for

- Norway as an associated member (in total 31 votes) <u>31 approve</u>

17.6 New Reviewing form and upcoming procedure for full professional membership:

Questions arise regarding the internship hours: Kitty askes about ECTs;

Susan: ECTs are flexible and variable; 1 ECT = 25 hours working load > 8-10 h. face to face and 15-17h personal work; 35 ECTs = 875 h internship (combination of face to face, meetings, recordings, etc). We checked it with ADTA and it is more or less equal: we asked for feedback in the Questionnaires and needed a guideline; the summary was the point out what we were working with.

Tasks for membership committee in 2021: Coordination of the renewal processes.

Schedule for the peer review procedure

- The membership committee will send out the renewal form AND the guidelines with it!

- End of February: Each country sends their renewal form and papers to the secretary or to the new membership committee email address (it will be announced!!)
- In March Membership Committee will send the documents to the Reviewing Countries
- End of April returning the peer review papers to the membership committee -

Here are the matches for the peer reviews:

Renewals for 2021 - Full Basic Members

- Ukraine > Reviewers are Israel and Slovenia
- Finland > Reviewers are France and Czech Republic

Renewals for 2021 – Full Professional Members

Germany > Reviewers are Hungary and Estonia

Greece > Reviewers are Italy and Russia

Hungary > Reviewers are Latvia and Netherlands

Italy > Reviewers are Greece and Latvia

Netherlands > Reviewers are UK and Spain

Poland > Reviewers are Germany and Italy

Russia > Reviewers are UK and Netherlands

Spain > Reviewers are Greece and Russia

UK > Reviewers are Spain and Poland

Short Break 15.00 - 15.15

18. Reports from the Working Groups: (all WG report were sent to the delegates on Sep.27th 2020)

18.1 Global Affiliation working-group: Jessica H. - Sweden

Proposal 3 – Definition of Affiliated Membership (31 votes in total) <u>31 approve</u> (Attachment 5) (against= none/abstention=none)

Discussions arises:

How can we become more open from outside of Europe? Should we be more open to global networking? International Creative Association (CAET) is massively growing; Vincenzo mentions that EADMT should stay in touch with other associations. The way how we create relationships to other organizations may differ.

Jessica H. will step down from coordinator position, Shirley M. becomes new WG coordinator.

18.2 Training Standards Working Group: Susan S. - Coordinator

Discussion about accrediting body and training standards arises:

How EADMT can become an accrediting body? At the moment the EADMT cannot have an accrediting position. Susan observed that some countries (mis)use the logo of EADMT.

She mentions that it could be useful for small countries to develop an accrediting body. Portugal and Greece for example agreed to some kind of support from EADMT.

Elli mentions that there are countries like Germany or Italy who don't need an accreditation by EADMT but other small countries might need it. They need a solution because the National Associations may offer training program and thus should not evaluate and process their own accreditation.

Imke: There is a need to help them to split certain functions or roles (e.g. the president should not be the program director, etc.). Also, EADMT should only be connected with the N.A. and not the

individual training institutions. This could create a problem taking away the sovereignty of the N.A.'s procedures. Each country should be supported to develop a reliable national procedure of accreditation.

More space for discussing about this point shall be on Sunday in the working group. Still, the subject of cross boarder agreement needs to be addressed and solved!!

18.3 Conference Group - RosaMaria R. (Spain)

They share the feedback of their questionnaire and the conference title so far:

"How close is close? How far is far? Choreographing a New World"

Discussions and Comments around the title arise.

The group will include the feedback in their WG on Sunday and then there will be a vote for the title.

18.4 Communication working Group: Elli K. (Board)

Ellie asked if a common formatting for the newsletter would be better? Imke liked the newsletter and its diversity in style of the different presentations. Elli suggests to create a youtube channel, - members seem interested and supportive. Ellie needs more people in the working group.

18.5 Research WG - Rosemarie S. (Coordinator)

One meeting on skype took place then they changed to E-mail contact.

Putting up the data base on our web site was the important step last year.

The working procedure was difficult. Discussion will follow on Sunday in the group.

A question arises about how can we build and collect theses?

Amanda K. mentions that in their N.A. there is a small committee, - they have access and can create the first bridge.

The research WG will make a proposal and will send it to the board.

18.6 State Recognition WG- Vinzenzo P.

Vincenzo shares the outcome of their questionnaire:

- 15 countries are protected by law. - 11 countries are not protected by law

The question comes up: "Is DMT recognized as psychotherapy?"

Vincenzo: It depends on the law of the countries. Reflections follow about specific laws in different countries. In 15 countries there are differences. The WG will move forward on this subject.

Susan: The qualification has to be either a psychological, or medical, or socio-educational

background. We need an idea how to move on: Continuing to stay in touch with researchers following this subject. What is the relationship to this affiliation?

Vincenzo shares good visualisations of the three countries who managed to establish DMT State recognition (Estonia, Latvia and Switzerland) (see attachment 6,7 and 8).

Issue of EAP follows: Lucia talks about the advantages being a member of the EAP (European Assoc. of Psychotherapy). The EADMT could show more presence for political reasons in the European field of psychotherapy and could be more involved in lobbying and networking.

This subject should be discussed on Sunday in the Training Standard WG and maybe a sub-group should be created.

Vincenzo P., Imke F. Iza G. and Elli : give a toast to the EADMT community: We celebrate 10 years EADMT - Happy birthday! Dance wise we finish the day.



Minutes of EADMT GA Sunday 4th October 2020 9.30 – 12.30

9.20 Log-in to zoom meeting

9.30 GA Convenes

19. Agenda of morning agreed, no changes were requested

We start with some warm up movements. Thanks to Elli for providing some music!

10:00 - 12:00

20. Working Groups meet in breakout rooms and continue their discussions and action plans

12:00 – everybody returns to GA panel

21. Conference Group: sharing date and final title of next conference:

Berlin, Germany, Sep. 23th - 25th 2022

Title: Option 1: "How close is close? How far is far? Choreographing a new world."

Option 2: "How close is close? How far is far? DMT addressing the world choreography."

Discussion about the two options arise; arguments pro and contra are being exchanged.

Option 1 is decided by the following votes:

option 1 - 27 votes

option 2 - 4 votes

The headline shall always be: <u>European Assoc. of Dance Therapy presents:</u>

"How close is close? How far is far? Choreographing a new world."

- Possible sub-themes: 1. Impact of isolation and non-touching on body experience
 - 2. Evolution of DMT approaches and methodology
 - 3. Growth and embodied self-care

Lunch Break 12.30 - 13.30

MINUTES GA SUNDAY, Oct. 4th 2020 13.30 pm – 15.30 pm

22. Shared summary of working group process – actions for 2020 – 2021 Vincenzo: opens the afternoon and suggests starting with the Working Groups (WG) reports in the same order than yesterday. (Summaries of the WG will be send out separately)

22.1 GLOBAL AFFILIATION WG - SHIRLEY M.

Meeting summary - questions brought up from the discussion inside the group:

- How can we as an association contact and invite appropriately other associations?
- Identify the type of associations that would be appropriate to connect as global affiliate member. Possibilities to consider:
 - o ADTA
 - Canada's National Association
 - o ECART
 - CAET Tony Zhou -
 - o How can we open up affiliation to associations that cannot be a National Association?
 - Kim Dunphy who supported several countries and created a World Alliance for DMT, although she is based in Australia
 - European Association for Psychotherapy (EAP)
 - Do we (EADMT) have connections with the World Health Organization (WHO)? Shirley specifically wonders about Switzerland's delegate, since WHO is based in Geneva?

- o It might be positive to observe Dance and Creative Wellness Foundation and learn how this organisation makes lobbying for dance to be in the health services.
- Contact associations with whom we already have contact. (Summary: Attachment 9)

Rosemarie S.: asks for clarifications of the purposes for contacting and inviting international organizations.

Shirley M.: answers that the purpose would be to start dialogue.

Susan S.: points out that some international organizations, like CAET might not be interest to affiliate EADMT but would be interested for affiliating EADMT. This might also happen with other international organizations mentioned.

Jessica H: clarifies that this kind of affiliation would be a way to create a line of connection.

Vincenzo P. says, we can explore several ways to stay in touch. It is needed to make a specific proposal considering new affiliating members and think about it.

Suggestion: create formal ways to collaborate, rather than affiliate an institution or to be affiliated: to relate at the same level of dialogue, initiate a dialogue, decide how to collaborate and how to have a strong collaboration. The dialogue needs to be formalized for a good intention of specific collaboration in specific topics.

Vincenzo P.: State Recognition WG would like to work together on this with the Affiliation WG.

Lucia W.: affiliation would represent a direct and formal way to dialogue.

Hilda W.: offers to speak to a personal contact she has which might clarify some possibilities considering WHO.

Vincenzo: will explore the WHO channel by ECARTE, asking for a direct contact. In our (EADMT) collaboration with ECARTE we got involved in a specific research project with other federations of art projects/organizations. The aim of that research project was to make a survey about professional recognition around Europe and they started with qualitative studies. Last Spring ECARTE was in contact with WHO who made a specific document about arts and well-being in 2019. In July, ECARTE had a meeting with a member of WHO and they asked each European art therapy organization to make a report. Because they are interested in data-based research. Vincenzo can include the name of Rosemarie as coordinator of the Research WG in our report. Vincenzo admits that we don't know what will happen but that we are very interested to go this way.

22.2 TRANING STANDARDS WG - SUSAN S.

Covers 14 people in the group, some new and other old members. Elaborating on guidelines for membership – to be shared later. Meeting summary:

- Starting from a question regarding the present situation with COVID addressing a specific issue around membership: How to add to Training Standards an element about on-line therapy work. Since on-line possibilities will not go away with COVID – the WG will give it a more in-depth thought.
- How to regulate the internship hours under COVID. Maybe EADMT board offers guidelines according to ADTA.
- CPD: the WG is gathering information for CPD guidelines through a template specifically created for this subject. A small sub-group will work on more specific guidelines.

- European Association for Psychotherapy (EAP): strong desire for possible membership to be explored. Specific sub-group was created.
- Bilateral agreements between association and cross boarder working. Things are on the way: agreement on personal therapy and internship hours.
- Controversial issue about EADMT being an accrediting body for training programs a
 voluntary accreditation that certain associations might seek. Some countries would
 benefit from an external view and it could be useful to give out an EADMT
 stamp/certification. This way the training would receive more validation in their countries.
- The group plans 3 to 4 meetings to gather information from these small sub-groups.

Hilda clarifies "cross border working possibilities" vs "bilateral agreements" are two different subjects.

Jessica: EAP might be a subject that several WG will be working on. So, maybe it is good some kind of conversation in order to organize the different perspectives of each group.

Rosemarie: brings the question of the purpose of some actions, since for instance in Netherland an organization like EAP will not be considered as an organization to give certificates. So, it might turn out to be one more perspective to our already very complex and diverse multi-perspectives concerning education and training.

Elli: the "stamp" of EADMT needs a closer look. What does this mean? Wouldn't it create a problem instead of a solution? Maybe EADMT could provide a certification until the national association will have a national certification, in order to support and not to substitute.

Susan: It would be an additional certification, not to replace a national one but to support.

Imke: If training programs are run by N.As. (see Greece) they might need support to separate these two sections. If an EADMT stamp/certification will be created all training institutes of Full Professional Members must be eligible to receive this stamp.

Susan: The WG will explore all these issues. (Summary: Attachment 10 & 11)

22.3 COMMUNICATION WG - ELLI K.

Meeting summary:

- How to organize the work for the year to come?
- How to renovate the website? do a plan to organize what to do and talk with the designer. Martina will work on the YouTube subject.
- Andrea T. (Cyprus) will take the newsletter. The third edition shall be published in June 2021. (August was an exception due to COVID this year).
- Looking for ways so that members communicate directly to Communication WG. Amanda: suggests on-line meetings, considering the present meeting (the GA), seems to work well and produces results.
- YouTube another kind of EADMT presence offering tools and information about the professional practices.
 - The WG forgot to talk about the guidelines for working groups. They will do it and send the report later. (Summary: Attachment 12)

22.4 RESEARCH WG – ROSEMARIE S.

A next meeting is appointed already. This is very important since the continuity of the group was difficult throughout the last year.

Meeting summary:

- Thesis Data Base: work on some clarifications, also considering technical options (Iza with Elli).
 Specific small WG.
- PhD Forum: proposal of an on-line platform connecting PhD students and other researchers

 linked to the EADMT Facebook page or other on-line EADMT place. Formulate a purpose and
 a clear Mission statement of the platform small WG (Paulina and Ana). The organization of
 the technical option will be discussed with Elli.
- Proposal: To create a seminar on "DMT Research Methods". Formulating a clear purpose specific WG (Nina and Antonella). Discussing it with the Communication WG. The Zoom webinar or meeting seems to be easier than we thought before our on-line GA meeting.
- Wish of more collaborations between research studies throughout Europe.
- How to open the International network of DMT researchers and trainers to DMT students and professionals?
- Collaboration with the Conference WG: Science Café for the conference and participation in the scientific committee. (Summary: Attachment 13 & 14)

22.5 STATE RECOGNITION WG - VINCENZO

Vincenzo: How to link the several topics of the WGs – opportunity and necessity. Resume of the meeting:

- Welcoming new delegates and deputies and opening the discussion to new members.
- Starting discussion on the SR WG task. Several ways to be recognized. The situation and the
 strategies for psychotherapy recognition are very different in each country. The idea of a
 template is to share good practices from the countries where DMT is already recognize. The
 importance to collect and spread information: We think it is a way to support this process in
 other countries.
- Last year: elaborate and reformulate the old questionnaire and create a flexible information form in order to update each countries data.
- Publishing reports and article on DMT professional Recognition on the EADMT website.
- Creating formal connection with other international institutions. Evaluating which kind of collaboration and institution could be helpful. Formulating a proposal to the Board.
- Agreement regarding the proposal to stablish a framework for the WGs between board coordinators and WG members. Next meeting in November. (Summary: Attachment 15)

[Vincenzo takes a moment to honour our friend and colleague Kim Dunphy who is seriously ill.]

22.6 MEMBERSHIP COMMITTEE – INDRA M.-D.

Resume of the meeting:

- How to organize and proceed the process of renewal for the national associations.
- Remember that in October the committee will send an email with the form, training standards and time schedules. The process will be done through a specific email address.
- Specific communication with each country.
- We expect that the countries are preparing the documentation to send to the committee and wait for the feedback from the peer reviewing countries and the membership committee.

Imke compliments on Israel's papers, which were very well structured and organized so the procedure was very easy for the membership committee. (Summary: Attachment 16)

24. Considerations for date and location of next symposium 2021, next conference, date and hosting confirmation

Starting with the Netherland concerning next year's GA and symposium.

Kitty: presents some general information

- Symposium 2021 located in Maastricht, in the south of the Netherlands
- Symposium Saturday 2^{nd.} and Sunday 3rd, October 2021
- EADMT GA Sunday 3rd and Monday 4th, October 2021
- The symposium will be organized by the Dutch Association
- Title: "DMT contributions to neurocognitive health".

 Most of the program will stay as planed and settled last year, for 2020.
- Hope to focus not only on Dementia and Parkinson, open to other related areas.

Imke: The Conference WG suggests to stick with the idea of a big conference in Berlin, Germany,

- Fall 2022. It won't collide with the ECARTE meeting (2021). We will probably need to shift to September 23rd 25th 2022, due to other institutional agendas.
- Big rooms/spaces to dance and move make the venues very expensive. The budget should still make this possible.
- Nicole, the German Deputy, will probably become the future German delegate and will help to look for places to run the GA.
- Finland and Croatia are in touch with the Board to host the 2023 GA.
- Vincenzo: Did Norway offer to host the 2024 GA? Liv: It would be an idea. We are allowed to dream.

Rosa-Maria: Resumes the WG Conference presentation

- Title and sub-themes.
- Presenting the Template of Tasks:
- Prepare the call for presentation
- Maintain the collaboration and communication with Research WG, Nicole (German Deputy/Delegate) and others who might be interested. (Summary: Attachment 17)

Ines and Hilda: wonder about alternatives because of COVID.

Rosa Maria and Vincenzo: We can think about both modalities: on-line and presential (crossing our fingers), also offering different fees for those who are streaming and present, opening the conference to a larger public.

Elli and Ines: We don't have only presentation but also experiential, keynote speakers, etc.

25. Reflections to the online GA

Vincenzo: shares his sense of confidence, involvement and responsibility concerning the group.

Final voluntary reflections, congratulations for the meeting and its organization.

THANK YOU VERY MUCH!