

Swiss Professional Association of  
Movement, Dance and Body Therapies (btk)

# ROUTE TO STATE RECOGNITION

## UNDER WHICH GOVERNMENT DEPARTMENT IS DMT REGISTERED?

DMT is registered under the state ministry of education, research and innovation.

## HOW IS RECOGNITION DEMONSTRATED?

Protected title:  
Art therapist with federal diploma

## IS A UNIVERSITY QUALIFICATION REQUIRED?

No – conscious decision to enable people who would not be eligible for university to train as dance therapists.

## WHICH SPECIALIZATIONS EXIST?

Movement and dance therapy  
Music therapy  
Drama therapy  
Painting and craft therapy  
Intermedial therapy

## How is the dance and movement therapy association organized in Switzerland?

The dance and movement therapy association **btk** is a member of two umbrella organizations:  
Oda Artecurea - art therapies  
Oda KT - complementary therapy

## WHEN DID THE PROCESS START FOR RECOGNITION OF DANCE MOVEMENT THERAPY BY THE SWISS GOVERNMENT?

The process for recognition started in 2010.

## SINCE WHEN HAS DANCE & MOVEMENT THERAPY BEEN RECOGNIZED IN SWITZERLAND?

Since 2011 -  
establishment of the federal exam by Oda Artecurea

## WHERE DO ART THERAPISTS TRAIN?

All dance and movement therapy training is conducted only by private, federally accredited institutions.

## ARE THE COSTS OF DMT COVERED?

Costs may be covered.  
Depends on the insurance company.