

Training Standards Working Group GA Report
14th September 2022

Members:

Adda Paizi – Coordinator, Greece

Vincenzo Puxeddu - Board member

Susan Scarth -UK

Barbara Birner-Germany

Katalin Szili-Hungary

Malgorzata Wisniewska-Poland

Isabel Figueira –Portugal

Vesna Jevsenak-Slovenia

Raimonda Duff-Lithuania

Sorina Petrescu-Romania,

Kitty Veldhuis-The Netherlands,

Lisa Waas-Germany.

Agenda:

1. Overview of group workings during 2021-2022

2. Projects:

- **EAP Subgroup working on EAP Questionnaire**
(Vesna Jevsenak-Slovenia, Malgorzata Wisniewska-Poland, Adda Paizi – Greece)
- **CPD Subgroup Working on Guidelines Document**
(Katalin Szili-Hungary, Barbara Birner-Germany)

Overview of group workings during 2021-2022

Susan and Barbara have stepped down after 10 years of exquisite work in the TSWG. They have been participating and offering their support throughout the whole year to the new TSWG Co-ordinator Adda Paizi and their help has been valuable to say the least.

During the year several issues have come up for TSWG members to discuss, explore and research, namely:

1. Feedback from the Questionnaires regarding the implementation of EADMT Training Standards Criteria for fully professional DMT Training Programs in Europe

The feedback from the members was that Training Standards Criteria have been implemented already since 2020 by some professional DMT programs. Nevertheless it would be useful to have a feedback after the completion of these Training Programs in 2023-2024 in order to have a full picture.

2. The CPD document

There was a discussion whether CPD documents will only be about guidelines or whether some issues will be compulsory for EADMT member Associations (i.e. CPD amount of hours, or when these hours are going to be tested by Associations). The CPD subgroup worked on the CPD guidelines proposal, based on the existing draft proposal, taking also into consideration a system to control CPD according to GDPR.

This document was sent to the Board, and the Membership has forwarded it to the members for feedback. Having taken back some important feedback TSWG decided to continue to work on it further.

3. EADMT Stamp of Approval for DMT Training Programs that fulfil EADMT TS Criteria.

This issue has been addressed by TSWG and there were some discussions about it, but it is still an issue in progress. TSWG will continue to work on this subject.

Some questions to further this discussion are:

- Why do we need a Stamp of Approval?
- Why is it necessary or useful to have it?
- Which countries may need this?
- How is it going to work?
- Is a Stamp of Approval just a commercial issue or it does ensure a high quality training?

In general the members TSWG members agreed that:

- Associations must evaluate their own DMT Training programs
- The DMT Training Programs must be approved by an Independent Board/Committee and not by TSWG.

Several suggestions from the discussion:

- Individual Programs should not necessarily ask for an EADMT Stamp of Approval. The Board/Committee need not approve all training programs, but only the ones who ask EADMT for it.
- The Approval Board/Committee might use the existing questionnaire or other, decide whether

EADMT TS Criteria are fulfilled and make a report on that.

- The Stamp of Approval must be of a high quality.
- The renewal process of the Stamp of Approval may happen after the completion of 2 training programs, i.e. every 6 years.

The discussion on this issue will continue.

4. EADMT TS in relation to State Recognition

- There was a discussion whether or not the amount of hours and the number of years in each DMT Training Program have a correlation or not with state recognition in each country.
- DMT in some countries is recognized as one of the creative arts therapies, and in other countries it is considered a psychotherapeutic modality.
- DMT Training programs in some countries are not in line with other Arts Therapies as far as the amount of hours and the number of years taught. That might present a problem as far as State Recognition is concerned. In the case of Greece where GADT is working towards State Recognition of the DMT profession, there seems to be a necessity that DMT Training programs come in line with the other Arts Therapies' programs as far as the amount of hours and years is concerned. Since all the other Arts

Therapies programs in Greece last 4 years and are recognized by the National Association of Psychotherapy of Greece, (a representative Association of EAP), DMT Training programs must adjust to that in order to work towards state recognition.

5. Discussion of EADMT TS in relation to EAP TS

For the last 2 years there has been a discussion among TSWG members about EADMT joining EAP. As some Associations have an interest on that subject, TSWG decided to form a Questionnaire in order to determine whether or not this is an issue of interest to most members or not.

The EAP task subgroup (Vesna, Malgosia, and Adda) have concluded the EAP questionnaire which was sent to the Board and the Membership forwarded it to the members for completion.

The majority of the members thought that it is up to each Association to join EAP as a member.

Appendix 1

EAP Questionnaire

Since last year there has been a discussion between the members of the Training Standards Working Group, whether or not it would be beneficial for Dance Movement Therapists to be affiliated with EAP through EADMT.

TSWG identifies the following advantages in EADMT joining EAP:

- *The recognition of DMT as a contemporary psychotherapeutic approach.*
- *EADMT members would gain Pan-European professional recognition alongside other psychotherapeutic modalities.*
- *EAP would align DMT with psychotherapy and not physiotherapy or dance.*
- *One result could be the potential for DMT to gain higher monetary values in line with other psychotherapies.*

In some questions you can choose more than one option if you wish:

1. Is DMT considered in your country:

- A Creative Arts Therapy modality (Please elaborate)
- A Psychotherapeutic modality (Please elaborate)

2. Are there any laws in your country recognizing DMT as:

- A Creative Arts Therapy modality (Please elaborate)
- A Psychotherapeutic modality (Please elaborate)

3. DMT educational programs in your country are considered as:

- Creative Arts Therapies educational programs (Please elaborate)
- Psychotherapeutic educational programs (Please elaborate)
- Other (Please elaborate)

4. Is your National Association a member of (Please elaborate your choice/s) :

- EAP
- A National Representative of EAP in your country
- A National Association representing some psychotherapeutic modality in your country
- Other
- None of the above

5. Will your country benefit by joining EAP in: (Please elaborate your choice/s)

- Recognizing DMT as a psychotherapeutic approach (Please elaborate)
- Going on the same route for professional recognition as other psychotherapeutic modalities(Please elaborate)
- Achieving better salaries(Please elaborate)
- Upgrading DMT professional Status (Please elaborate)
- Other (Please elaborate)
- None of the above (Please elaborate)

6. Would your Association consider upgrading your country's DMT Educational Programs to be eligible for EAP membership? (Please elaborate)

The extra hours required for EADMT to apply for EAP membership are the following:

- 4-year Training programs (EAP = 1.400 hours) instead of 2-3 year training programs (EADMT = 960-1200 hours)
- Psychotherapy history and theory 500-800 hours (EAP) instead of 475 hours (EADMT)
- Internship 300 hours (EAP) instead of 160 hours (EADMT)

- Personal Therapy 250 hours (EAP) instead of 100 hours(EADMT)
- Supervision 150 hours (EAP) instead of 100 hours (EADMT)
- A Theory of Change as additional subject in EAP (hours not specified)

7. If your National Association wishes to join EAP and proceeds to follow additional training, in what form this training would be? (Please elaborate) :

- A separate Advanced 4th year of training for those DMTs who wish to become eligible for EAP membership
- A 4-year training program all together
- Other
- None of the above

8. In which form should the relationship of EADMT to EAP be : (Please elaborate)

- EADMT joining EAP as a member
- Explore grandparent route
- National Associations join EAP individually
- Other

*Please send the filled-in form directly to the coordinator of the TSWG Adda Paizi
adge1@yahoo.gr*

Appendix 2

CPD Guidelines Proposal

Introduction

The Training Standards Working Group, following the completion and subsequent roll-out of the Training Standards (2017), believed it is important to support this achievement with a project to develop Guidelines for Continuous Professional Development (CPD).

Data

All Full Professional (FP) Members have been contacted and requested to provide an outline of the CPD system their Association currently has in place. All but four FP Members have responded.

The categories under which the information was collated comprise:

- Extent and evaluation of CPD
- Contents of CPD activities
- Structure of monitoring etc within each organisation
- Period of review

The group has read and digested the different perspectives each association brings to their CPD system. The group wishes to propose a simplified and transparent process and offers the following draft guidelines.

Proposal for discussion

Duration of review

1 or 2 year review of CPD activities to be submitted digitally, maybe at the same time as annual membership renewal forms. It is possible to provide information on a Google-doc form, and 5 – 25 members chosen each year at random for more intense checking.

Annual system's advantage: To combine this with Annual Membership Renewal facilitates a system whereby many organizational tasks can be met at the same time e.g. i) up-to-date contact details, ii) levels of practice (where changes occur due to childcare, parent care etc), iii) General Data Protection Regulation May 2018 (GDPR) agreement, iv) annual data collected for membership numbers, areas of practice, etc., v) evidence of change of role and services offered e.g. Supervision, Private Practice, Trainer.

Structure of monitoring

The Professional Development Committee (PDC), or equivalent in each association, is tasked to identify a sub-group of 2 to 4 senior professional DMTs to make oversight of the submitted documents.

- It is suggested that a spot-check of 5% of members is undertaken each time.
- In light of GDPR rules all documents should be submitted digitally, and before sending to sub-group the 5% are anonymised (a system of retaining confidentiality and collating information will be devised by the administrator).

Formal Evidence

The CPD form submitted digitally should be accompanied by evidence that includes

- Certificates of Attendance of courses
- Supervision attendance forms
- Insurance Certificate (where required)

The following categories are suggested under which CPD will be noted. A minimum of 20 hours per year should be submitted from a minimum of 2 categories, OR collect 20hours from all categories in the suggested ratios below:

A. Practical and Methodological competencies

Attendance at workshops, conferences, online webinars, undertaking specialised training, specific dance & movement skills development
10hours per year

B. Academic

Research activities including practice-based research, blogs, articles, chapters, book reviews, membership of reading/study group, teaching in DMT training
2 hours per year

C. Professional Engagement

Attendance at General Assemblies, Annual General Meetings, regional group meetings, representing professional body on committees, development groups, state-based representational activities
2 hours per year

D. Reflection

Includes some hours of supervision & inter-vision, and reflective creative processes
4 hours per year

E. Other Activities

Mentoring interns, DMT related personal development activities, reading relevant literature (books, articles etc), practice development activities e.g. managerial training, financial/business skills
2 hours/year

TOTAL = 20 hours per year, where 1 hour = 60 minutes

NB: The hour's system applies more easily across associations – as not all associations have a points-based accreditation structure for CPD courses. Although this may be a valuable development for in the future, the need to support this process rather than make it more complicated feels important, at this time.

Data should be kept until next renewal date and should be deleted according to GDPR.