



Minutes of the General Assembly 2023 in Helsinki, Finland

**Saturday October 7th 11:30 – 18:30 &
Sunday October 8th 10:00 – 15:00 local time (CET+1)**

Saturday / October 7th 2023 11:30 – 18:30

11.30 Convene

1. President's welcome & opening of 2023 General Assembly (GA)

The President, thanked the Finnish Association for hosting the GA. The president of Finnish Association welcomed the board, delegates and deputies.

2. Movement welcome

Was postponed for the following day, since, instead, the board decided to honor Amanda Kougioufa (1965 – 2023) who passed away this year. Amanda had been a very active member of the GA and a founding member of DMT work in Greece. Adda Paizi (Greece) shares about their friendship and honors Amanda. The members of GA do a 1 minute of silence in her honor. President also shared the deaths of other DMTs around Europe and in Israel. This moment is followed by the singing of happy birthday to Richard Coaten.

3. Acknowledgement of appropriate invitation

4. Ensure quorum of meeting: 1/3rd of all Full Members must be present = 6 Members

Present members: **Belgium:** Annelies Planckaert; **Czech Rep:** Marta Lebedova; **Denmark:** Mette Orbaek; **Estonia:** Mari Mägi & Kaire Bachmann; **Finland:** Silja Mcnamara & Saara Sikkeli; **Germany:** Elin Rau; **Greece:** Maria Arvanitaki; **Hungary:** Katalyn Szili & Katalyn Walter; **Ireland:** Noemie Cattez; **Israel:** Anat Yariv & Nira Shahaf; **Italy:** Monica Re; **Latvia:** Indra Majore-Dušele & Martins Etkins; **Lithuania:** Raimonda Duff & Ramune Andrijauske (observer) ; **The Netherlands:** Julia Morozova & Maartje Jaspers (observer); **Poland:** Malgorzata Wisniewska; **Portugal:** Diana Bastos Seabra; **Russia:** Nina Kanevskaja (Zoom) & Irina Biryukova (Zoom); **Slovenia:** Alenka Lin Vrbancic Simonic, **Spain:** Carolina Jimenes; **Sweden:** Johanna Jokela; **Switzerland:** Ben Edri; **UK:** Richard Coaten; Adda Paizi (Training Standards WG coordinator); Antonella Monteleone (Research Working Group coordinator); Vincenzo Puxeddu (State recognition Working Group coordinator)

Quorum achieved - 28 votes present

5. Call for Chair of GA (President unless otherwise agreed)

President Rosa Maria Rodríguez Jiménez is agreed.

6. Call Minutes keeper/scribe

Diana Seabra in the morning of October 7th

Richard Coaten in the afternoon of October 7th

Diana Seabra on October 8th

7. Acknowledge Financial Audit Committee

Iza Guzek confirmed the audit committee: Katalin Szili, Angeliki Bitzaraki

8. Presentation & agreement of Agenda - topics & order of discussion

9. Approval of GA 2022 Minutes – Matters arising from 2023 Minutes, a true and accurate record of the Meeting

Approval with 28 votes

10. Board's reports - including Actions - taken & suspended

All reports have been sent to the members before the GA and are found on the EADMT website:

<https://eadmt.com/general-assemblies/ga-helsinki-2023>

President's report

This was Rosa's first year as President and it helped her to be more aware of previous work.

Some members asked to be sent the draft of the support letter about recognition for the national associations as it might help them internally.

EADMT GA Minutes:

Location: Helsinki, Finland

Date: 7&8/10/23

Rosa highlights the participation in the European Arts Therapies Associations Summit that happened in March 8th 2023.

Rosa believes it is very important to join forces with other art form therapies and bring together music therapy, drama therapy, art therapy and dance therapy as a common voice, especially to achieve political strength and credibility.

Slovenia shares about DMT in their country as it is defined as dance movement psychotherapy and it is under both the modality of psychotherapy and under the big umbrella of art psychotherapy.

Greece and Ireland say they are making efforts in that regards with other art therapies in order to be more recognized and more visible.

Richard Coaten gives the example in UK, where 1 Govt Dept. asked not to talk to one single creative arts therapy organization, asking them to come with a single voice of united creative arts therapies.

Vincenzo says that uniformity is difficult because training standards are very different from country to country and even in the same country so it's a process that needs to be taken with a long-term view. He also referred to the importance of more integration between creative arts therapies which he worked on too when President but said it would take time.

Communication`s report

Elli Kita resigns. She has been in the board for 5 years and shares her experience, speaks gratefully to the role she was given. She believes such works allows to have a general view of the profession of the DMT. She also mentions small aspects that still need to be solved on the website: current board page is not working; national associations page is not center aligned .

Elli explains she purposefully wasn't as active in the communication working group as she wanted to clarify her role as a communication board member. She prepared guidelines for the next person to be assigned this role.

Secretary`s report

Terje shares that it has been a year of immersion to the EADMT board and getting a grasp of EADMT as a system and tasks, as the whole board has been intensively and actively involved in most of the topics (decisions, preparing letters, proposals etc.). She finds it important to enhance and support communication between the working groups and committees.

11. Treasurer`s report

Iza Guzek highlighted the income gotten in Potsdam Conference in 2022, which had excced the estimate value.

Richard Coaten suggests to add a column to the chart of the yearly budget, in order to show in percentages the increases or decreases of expenditure in order to make analysis easier.

Iza clarifies also that the financial year runs from 1st of June to 31st May.

Elli clarifies website expenses, informing that EADMT pays 250€ yearly for website maintenance and then pays by the hour for other specific issues and problems.

Iza presents the estimated expenses for 2023-2024.

The Ukranian and Croatian Associations haven't yet paid their membership fee. The board has been flexible and sensitive to the war crisis in Ukraine and are contacting them to see what they can do. Rosa explains that in regards to the Croatian Association that they have a special situation in hand with very

few people doing all administrative work and they haven't been able to pay but the board will be in contact with them as well.

Iza also clarifies and gives an overview of the income sources of EADMT, to explain the association growth in their finances.

Main income comes from membership fee payment, conference's profit, donations and fundraising.

Iza also notes that during Covid times there were less expenses, since everything was online, and therefore EADMT was able to save some money.

12. Auditing Committee's report

Katalin Szili and Angeliki Bitzaraki approved the report

All correct

13. ERASMUS + project

Rosa presents the DanceCARE ERASMUS +. IRNCA, National Institute of Health and Science on Aging, Ancona (Italy) contacted Rosa as President of the EADMT to offer being a partner in ERASMUS+. The project is oriented to build a training program based on DMT for elderly caregivers that could prevent them of stress and burnout. Due to time deadline, it was not possible to wait until the GA for approval. The Board took the decision to join the proposal. Be part of a European Project gives visibility of EADMT and our profession and open opportunities for DMT professionals throughout Europe. At the same time there are doubts about legal and financial issues.

Rosa presents the different steps and communication with IRNCA, the registration in the EU platform and explain the creation of a small group formed by herself, Antonella M. and Rosemarie Samaritter. This group has been involved in part of the proposal maintaining different meetings with INRCA. Rosa has registered EADMT in the EU platform.

If the project is approved a call job will be organized to give opportunities to DMT professionals part of the EADMT to participate in it.

Delegates and deputies approve the decisions taken by the board.

14. Discussion arising from reports

15. GA approval of business and activity of the Board 2022 - 2023

Applause and appreciation to all board members individually and as a team.

Approval with 28 votes

LUNCH 14:00 - 15:00

16. Ethical Committee report

Presented by Diana Bastos Seabra (Portugal) and Nina Kanevskaya (Russia, Online)

The report is found on the EADMT website: <https://eadmt.com/general-assemblies/ga-helsinki-2023>

Tried many times to meet, it was challenging. Decided to review ethical code by having an overview of all NA's Ethical Codes. ADTA Code super-specific and not general enough. Working on survey to send out to NA's to gather info and analyze in relation to new ethical code development.

EADMT GA Minutes:

Location: Helsinki, Finland

Date: 7&8/10/23

17. Membership Committee Report

Presented by Indra Majore-Dūšele (Latvia) and Mette Ørbæk (Denmark)

The report is found on the EADMT website: <https://eadmt.com/general-assemblies/ga-helsinki-2023>

Introduction of main action during the year, importance of coworking with the Training standards working group in the future.

- Lottery for the reviewer countries for renewals in 2024:

Estonia (Full Professional membership): reviewers are Russia & Poland

Switzerland (Full Basic Membership): reviewers are Czech Republic and Lithuania

Belgium (Full basic Membership): reviewers are Israel and France

Slovenia (Full basic Membership): reviewers are Ukraine and Finland

- Vote for membership status change of Austria (to Full Professional)

Message of support for proposal read out from Austrian Association delegation\board- discussions to get full professional registration.

Approval with 28 votes

- Vote for membership status change of Lithuania (to Full Basic)

From now on voting members increased from 28 to 29.

- Update of membership renewal in Rules and Procedures (see changes in red)
6. Application **and renewal** procedure

6.7. Membership renewal process for Full Members takes place every 5 years. Peer reviewing countries are choose by lottery.

6.7.1. Renewal countries are requested to prepare the documents (including Statutes, Requirements, Ethical Code, Rules of Procedures, etc.) in accordance with renewal form and translate in English from original documents required sections.

6.7.2. The renewal form, the statement of commitment and documents translated in English has to be sent to the official email of the membership committee membershipcommittee@eadmt.com

6.7.3. Membership Committee forward the documents to the peer reviewing countries.

6.7.4. Peer review countries check the presented documentation and contact membership committee in case of any ambiguity until all the questions are resolved. Membership committee is coordinating the communication between the peer review countries.

6.7.5. When reviewing process is finished reviewing countries shall return checked and signed renewal forms to the membership committee.

6.7.6. Membership committee collects information from all reviewing countries and prepare recommendation for voting in GA.

Approval with 29 votes

- New member of the membership committee

Malgorzata Wisniewska (Poland) will be in Membership Committee in place of Indra Majore-Duše.

Approval with 28 votes

18. Proposals I + II Treasurer

Iza Guzek (Treasurer) proposals for change to Rules & Procedures for GA:

Proposal I - The Board Member who hosts the Board Meeting receives an amount of **150 EUR**

instead of 100 EUR to cover the costs of accommodation in his own apartment, meals and provision of a meeting place.

Approval with 29 votes

Proposal II: The Association hosting the General Assembly receives **1300 EUR instead of 1000 EUR** to cover the costs of organizing the General Assembly, including: renting a space for the meeting, providing coffee breaks and lunch for the participants and accommodation for the board members

Approval with 29 votes

19.Re-election of a board member Izabela Guzek, treasurer (Poland)

Voting by secret ballot. Online secret ballots are not allowed, Russia is therefore can't vote and maximum number of votes is 27.

Voting by secret ballot:

Izabela: 26 votes/elected

20.Vote for a new board member: to be proposed Indra-Majore-Duše (Latvia)

President proposes Indra to be appointed as new Communication Officer:

Indra introduced her selves and their background.

Voting by secret ballot:

Indra 27 votes/elected

21.Acknowledgement of outgoing board member Elli Kita

President and Board with Indra gives present to Elli in honour of her service as Communication Officer. Beautiful conch shell and card signed by all delegates except Nina, who gave a short speech online of her appreciation of Elli's work.

Break 16:30 - 17:00

17.00 - 18:30

Reports from working groups: (10 minutes for presentation, 10 minutes for questions)

All reports have been sent to the members before the GA and are found on the EADMT website:
<https://eadmt.com/general-assemblies/ga-helsinki-2023>

- **Conference WG – reflections and summary of Berlin Conference 2022**

Julia Morozova, Coordinator.

Following Potsdam Conference group met and analysed questionnaires. Changes in group. Marcia Plevin has left the group but happy to contribute when requested to do so.

Working on conference guidelines. Start preparing next conference – Vilnius \Lithuania

Conference evaluation. 36 Responses by way of questionnaires. Blind review valued by 90% respondents. Financial accessibility (sliding scale, sees to presenters? Perhaps one fee free day for presenters proposed by Imke Fiedler (Germany). Performances - very positive responses. Party received critical feedback especially the food. Nicole from German Conference group negotiated a refund and EADMT got a percentage, which was passed on to them (see accounts). More support for students as presenters

- **Communication Working Group**

New coordinator is Andrea Tziorta (Cyprus).

Mayn activities: managing Facebook, LinkedIn, YouTube.

5th edition of newsletter. 3 new videos in research database, including .2nd science café video.

Mental health awareness week in May 2023, 8 healing process of DMT by Claire Schmais.

- **Research Working Group**

Antonella Monteleone, coordinator (Eduard Martin Colomer was not present).

Vision and Mission: connect / initiate / continue / collaborate & exchange.

Sharing / contributing to knowledge development and supporting members on their collaborative efforts. European research collaboration – link to other researchers and projects. Communication between national associations and research group. Invite colleagues from other disciplines to our conferences. Group is working in different teams...e.g. Science Café.

Outputs next year: updating-collating the literature etc; continuing science cafes; build continuity in different platforms (Facebook group); new template for interviewing DMT researchers.

- **State Recognition WG**

Vincenzo Puxeddu, Coordinator.

Creating a survey for mapping of institutions providing DMT in European countries. Calling for help from research group and all NA's. A map is needed (not about individuals) about institutions /places offering DMT around Europe. Each national association to appoint National Research Officer for this survey, can

EADMT GA Minutes:

Location: Helsinki, Finland

Date: 7&8/10/23

be delegate / deputy but doesn't have to be (can be another professional). Their responsibility to send out to all registered DMT/Ps in that country. All data anonymized. This will help towards state recognition process\journey. The focus is the place and the regularity of approach.

Each NA to see if a junior researcher or PhD student can help us to analyse and elaborate the data? Specialist data processor needed, to help with this process. It will be a paid post. Feedback needed by Oct 31st...before Nov 30th person to be nominated. Rosemarie Samarriter (Netherlands) suggests that National Boards be involved in this.

- Global Affiliation Working Group (presentation moved to the first day from the second day)

Creating relationships with Dance Movement Therapy Associations from across the globe, including Columbia, India, Argentina, & Brazil. In June 2023, a meeting was held with the EADMT Board who invited us to change direction and to begin to look at how we as European DMTs can begin to develop stronger relationships with our fellow Arts Therapists across Europe.

Aims going forward: build connections, learn and share, sustain and promote the profession, move forwards together, become more aware, embrace & celebrate diversity.

18:30 End of Day

Sunday / October 8th 2023 10:00 – 15:00

- 2 -

10:00 GA convenes

Movement welcoming by the President Rosa Jiménez. Welcoming of Olga Zarivhna from the Ukrainian Association. She spoke gratefully for all the support during the period of war. Iza informs that delegate and deputy of Israel left because of current war situation in Israel.

18. Agenda of morning agreed

The global affiliations report was presented the day before, otherwise, all on the morning agenda is agreed.

Count of votes: 27 (Russia and Ukraine are present online)

19. New Board informs GA of official roles and responsibilities

Rosa-Maria Rodriguez – president

Izabela Guzaek – treasurer

Terje Kaldur – secretary

Indra Majore-Dušele - communication

Approved

20. Report from working groups: (10 minutes for presentation, 10 minutes for questions)

EADMT GA Minutes:

Location: Helsinki, Finland

Date: 7&8/10/23

- **Training Standards Working group**

Continuous Professional Development Log/guidelines presentation, discussion, voting.

Adda Paizi, coordinator.

- Presents a power point with the work developed by TSWG. She asked during her presentation for more collaboration from full professional members so that the data can be more accurate. The presented data was from 2021 and may not reflect the reality of the current days. Even from the countries that answered the questionnaire, there is still a need for more detailed information. This information is very important especially when proposing changes in the training standards criteria. Adda also encouraged people to join this group.
- Silja MacNamara (Finland) asks if they can have access to the power point presentation and further data collected on this subject. Since Finland is working on their own CPDs and DMT program, it would be helpful to use the gathered information and also to use the research done as a tool when communicating with the Minister of Education.
- Richard Coaten (UK) expresses his concern on the lack of information from UK and says he and colleagues will work on it and fill in the blanks on excel spreadsheet online (to link with Noemie if necessary).
- Carolina Jimenes (Spain) apologizes for not responding, due to the lack of certainties on some of the answers needed to be given on the questionnaire. She will also submit during the next year.
- Rosa Jimenez (Spain) also informs that training in Spain has changed and that they should submit their responses with the new information.

The Continuous Professional Development Log/Guidelines voting.

Approval with 29 votes

21. Working Groups meetings 11:30 - 12:30

The board informed that has been working on a document with guidelines for working groups. The board already has feedback from TSWG and Communication Group. A draft was sent to coordinators so that people can include these guidelines when working this year. We should give feedback on these guidelines until the end of January and then vote this document at the end of the next GA.

LUNCH 12:30 - 13:30

22. Summary of working groups and actions for the upcoming year

13:30-14:00

Ethical Committee

Even though the Ethics Committee is not a working group, they also met, since, Elin Rau, was interested in helping the committee with their concerns, and shared some of their reflections and drafted goals:

The Ethical Committee shared that they intend to:

EADMT GA Minutes:

Location: Helsinki, Finland

Date: 7&8/10/23

- (1) Access the ethics committee email that is mentioned on the website. Elli/Indra? will help with this.
- (2) Review the ethical code (include more general concerns such as: war crisis, natural disaster, sustainability, pandemics, diversity)
- (3) Create ethical guidelines for the conference working group (physical accessibility, diversity in presenters and workshop leaders, housing support for delegates and deputies, insert special needs information when filling out the conference registration, include topics on diversity, special needs, migration, racism, discrimination)
- (4) Send out the survey to the national associations and add questions such as: (a) what is a potential ethical problem on an European level, (b) is it relevant to have a scholarship for candidates in financial disadvantage to attend the conference? (c) how is your association addressing discrimination and prejudice based on race, religion, sexuality, gender and cultural minorities?

Membership Committee

Malgorzata stepping in.

Tasks for next year:

- Coworking with the training standard working group (forms, collecting data form the countries etc).
- Coordinate the renewal process for Estonia, Switzerland, Belgium and Slovenia
- Make a document that overview the country's involvement in the reviewing process.
- Update the membership renewal overview document

Conference Working Group

Having in mind the need to cooperate with other modalities, DMT coming of age, to stand strong in our own identify but also reach out and receive, sense of community, collaboration, cooperation and partnership. The conference group proposed the main theme for the conference in 2025: *Visibility, Vitality and Vision of DMT: embodied knowing in a chaotic world*. However, it was suggested to be changed to *Visibility, vitality and vision of DMT - Embodied knowing in today's world*. This second option was approved with 13 votes. Other suggestions to conference group were:embodied knowing in a *transforming, re-shaping or morphing* world. Group to revise this title.

Dates of next conference: 12th – 14th September 2025 – Vilnius, Lithuania

Doesn't collide with other events that they checked

• Communication Working Group

Goals:

- To advertise science cafe – 9th of November – speakers should send a short bio and photos
- To post about the International Mental Health Day
- To post the photos of the symposium in Finland and 2023 GA on social media
- To work on the aesthetics of EADMT social media
- To signal important days: international world dance day, mental health week

EADMT GA Minutes:

Location: Helsinki, Finland

Date: 7&8/10/23

- To continue with the newsletter
- To post what comes from the DMT community

State Recognition Working Group

Goals:

- To clarify how important it is that national associations are aware that the goal of the study/project is to map institutions and not individuals. The current interest is in identifying places that offer DMT.
- To receive feedbacks on the forms – still in testing period – appeal to all delegates to try it and test it.
- To clarify the tasks for technician who will take over the analyzing the data.
- To appeal to national associations to make themselves heard on the specificities of their own territory.

Research Group

Specific actions to be taken are:

- To work with the communications working group to spread the science café. The topic of science café: embodied artistic inquiry.
- To draft a request for lectures and supervisors of institutions of DMT (all disciplines) for new submissions.
- To host a group meeting for PhD students and researchers so they can meet up and discuss topics informally.
- To map the themes of research topics of what is currently going on DMT research.

Training Standards Working Group

Goals:

- To meet with the membership committee in order to think about the form and see what changes are necessary.
- To convert hours into ECTS.
- To understand what is happening in countries regarding training standards and state recognition.

Global Affiliations Working Groups

Goals:

- To write down a structure for the goals.
- To create more links with working groups.
- To suggest an International panel in the conference and through that connect with the conference group.

23. Experiential on creative communication between the working groups

EADMT GA Minutes:

Location: Helsinki, Finland

Date: 7&8/10/23

Elli and Rosa organized a creative activity to put in communication the different working groups, their needs and what they could offer to others.

24. GA 2024: Discussion on organization of the GA in 2024 and 2025

Finish Association presented feedback words about the GA and Workshops Day.

Terje announces Estonia as the next country to host the GA and introduces the delegate and deputy.

Dates should be 5th and 6th of October of 2024. Estonia. GA of 2026 will be in Denmark.

25. Place and dates for the conference 2025

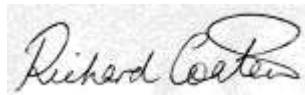
Conference will be in **Vilnius, Lithuania 12th to 14th September.**

15:00 End of GA

Recording Officers:

Name: Dr Richard Coaten

Signature:



Name: Diana Bastos Siebra

Signature:



President

Name: Rosa María Rodríguez Jiménez

Signature:

