

5th EADMT Conference

Visibility, Vitality and Vision of Dance Movement Therapy in an Unpredictable World

September 12-14, 2025
Vilnius, Lithuania

Programme and Schedule

(Minor changes in the program can be expected)

Friday, September 12th, 2025

08:30 - 10:00	Registration
10:00 - 11:15	Opening Welcome Word from EADMT President and Organising Committee
11:15 - 12:30	Keynote Lecture Rosemarie Samaritter: Fifteen Years into European Association of Dance Movement Therapy: From Co-Creating a Professional Identity Towards Unfolding Professional Landscapes
12:30 - 13:30	Lunch
13:30 - 15:00	Workshops / Presentations / Films <i>(Choose one)</i>
	<i>Presentation</i> Sharon Vaisvaser: The Multidimensional Self in Motion: the Neurodynamics of Dance Movement Therapy Päivi Pylvänäinen: Dance Movement Therapy for Adults with Depression: Creating Connections for Vitality Richard Coaten: Towards a Continuum of Care Practice Involving Greater Collaboration and Alignment Between Creative Practitioners and Creative Arts Therapists Working in Health, Social Care and Other Settings with a West Yorkshire (UK) Example
	<i>Presentation</i> Meri Erkkilä: Safe Space in Dance Movement Therapy Stephan Marchant: Dancing Through Life: Building Positive Health Through Play, Movement and Dance Liva Kupca, Olga Gluza: "My Dancing Nature" - A Case Study of a Nature-Based DMT for Caregivers of Children With Disabilities in Latvia

	<i>Workshop</i>	Sara R. van Koningsveld: Dance Movement Therapy on Social Media: Visibility, Credibility, and Ethics
	<i>Workshop</i>	Einat Shupe-Engelhard, Maya Vulcan, Tamar Dvir: Family Dance Movement Therapy in an Unpredictable World
	<i>Workshop</i>	Mary Putera PhD, Marloes Shami-van Houten: DMT and IEAT (Intermodal Expressive Art Therapy): Moving Forward Together
	<i>Workshop</i>	Bonnie Meekums, Paula Grech, Rachele Preda: Going Global: Connecting Across Cultures as a Vision for Our Future
	<i>Workshop</i>	Anat Yariv, Nira Shahaf: "A New Kid in Town": When DMT Meets VR (Virtual Reality)
15:00 - 15:30	Short Break	
15:30 - 17:00	Workshops / Presentations / Films <i>(Choose one)</i>	
	<i>Presentation</i>	Heidrun Panhofer: Closing the Gap Between the Inside and the Outside: Making Sense of Today's Movement Observation and Analysis Iris Bräuninger, Beatrice Bieri, Susan C. A. Burkhardt, Adriana Frazão, Paula Lebre, Lucia Maier, Zoé Moula, Celeste Simões, Hilda Wengrower: Promoting Children's Emotional Health Through Movement-Based Creative Expression: An International Project Marloes Shami - van Houten, Rosa-María Rodríguez-Jiménez: Dance Movement Therapy and Conscious Movement as Tools for Supporting the Mental Health of Long-Term Caregivers Working With Elderly People
	<i>Presentation</i>	Marianne Eberhard-Kaechele: Sexuality Begins With the Dance Between Parents and Child: An Attunement Focused Approach to DMT for Sexual Disorders Nira Shahaf: Liveliness as an Improvisation of Vitality and Dance
	<i>Workshop</i>	Lisbeth Bitto, Simon Wiersma: The Art of Being Seen: Exploring Therapeutic Performance in Dance Movement Therapy
	<i>Workshop</i>	Sonia Malaquias, Maika Campo: Looking for Vitality Through Embodied Practices: From Chi Kung to Authentic Movement
	<i>Workshop</i>	Nicole Hartmann: Arts-Based Inquiry: Research in Movement
	<i>Workshop</i>	Yaki Haas: Open Studio in Dance Movement Therapy
	<i>Workshop</i>	Julia Zaides, Elizabeth Tolan, Victoria de la Parra López: Self-Care in Caregiving: DMT Based Practice Exploring the Embodied Subjectivity of Mothers During the Postpartum Period
	<i>Film</i>	Pauline Briguet: A Movement Exploration in Embodying Clients With DID (Dissociative Identity Disorder)

	Olivia Nermin Streater: LATE! Neurodivergent Affirmative Paradigms and Performance as a Means to Enhance Visibility and Vitality
17:00 - 17:45	Coffee Break
17:45 - 19:00	Performances: Simone Kleinlooh, Fabian Chyle-Silvestri: Archiving Knowledge - Creating Vision! Alexandra Bălăsoiu, Loredana Larionescu, Cristina Lilienfeld: Mind-Moving Performative Installation Monika Ptasinska: Hungry Hearts. A Dance Performance Embodying the Role of a Dance Movement Psychotherapist Working with Clients with Anorexia Nervosa

Saturday, September 13th, 2025

10:00 - 11:15	Keynote lecture Marija Jakubauskiene: The Perspective of Arts Therapies within Integrated Care in Lithuania
11:15 - 12:00	Coffee Break
12:00 - 13:30	Workshops / Presentations / Films <i>(Choose one)</i>
	<i>Presentation</i> Sabine C. Koch: Dance Movement Therapy for Traumatized Refugees - A Controlled Trial Said Daoudagh, Giacomo Ignesti, Massimo Magrini, Davide Moroni, Francesca Pardini, Marina Raglianti, Laura Sebastiani, Paolo Paradisi: Physiological and Movement Data Analysis in the Context of Dance Movement Therapy: The DMT@AA@THE Project Experience Katalin Szili, Katalin Walter: Embodied Imprint
	<i>Presentation</i> Thilaga Letchumi Sarunga Raja, Ella Dumaresq, Sabine Koch: Dance in Prisons: A Systematic Review and Narrative Synthesis Katri Heiskala: Visibility and Vitality Through Movement: Interactive Physical Exercise for Ageing Migrant Women Aiste Kriukelyte: Receptive Dance Movement Therapy for Nursing Home Residents
	<i>Workshop</i> Brittni Cleland, Oleksandra Klymova, Olha Zarivnaja, Richard Coaten, Sarah Moore: Courageous Connections: Cross-Cultural DMT Collaborations During the War in Ukraine
	<i>Workshop</i> Petra Aicher-Pichler: Vitality - Exploration of the Different Aspects of Joy
	<i>Workshop</i> Simone Kleinlooh, Fabian Chyle-Silvestri: Merging Intergenerational Visions in Dance Movement Therapy

	<i>Workshop</i>	Katharina Haenssler: Visibility and the Embodied Gaze
	<i>Workshop</i>	Loredana Larionescu, Alexandra Cucu, Ana Maria Dumitrascu: Eyes of the Body-Mind
	<i>Participative performance</i>	Imke Fiedler, Julie Kunsmann: Dance Therapy Goes Public. A Flash Mob on the Streets in Vilnius
	<i>Participative performance</i>	Weronika Cegielska, Krystyna Ułamek: Let's Dance! Circle Dances in the Vibrant Streets of Vilnius
13:30 - 14:30	Lunch	
14:30 - 16:00	Workshops / Presentations / Films <i>(Choose one)</i>	
	<i>Presentation</i>	Katalin Vermes: Visible and Invisible Bodies: Fission and Intertwining Tanja Nylander, Ina Donges: Creating Expression - How to Become More Visible: Concepts of Integrative Dance Therapy Donna Newman-Bluestein: Visibility and Vitality as Explicit Goals in Groups With People With Dementia
	<i>Presentation</i>	Hilda Wengrower: Is Vitality Equivalent to Forms of Vitality or Vice Versa? Alenka Lin Vrbančič Simonič: Activate, Motivate, (Re)create. the Potential of Dance Movement Psychotherapy for Developing Resilience in People With Severe and Recurrent Mental Health Problems Jeannette MacDonald: Aspects of Vision - Envision - Revision - Supervision - The Facets of Vision Encompass Envisioning, Revising, and Supervising
	<i>Workshop</i>	Theodora Bareka, Andrea Tziorta: Dance Movement Therapy and Conscious Movement as Tools for Supporting the Mental Health of Long-Term Caregivers Working With Elderly People
	<i>Workshop</i>	Talia Bendel Rozow, Eliza Homer: Manifesting Vitality and Visibility in the Multicultural Group: A Practical Approach Using a Multicultural and Multimodal Perspective
	<i>Workshop</i>	Rosa Filardi, Roberta Bassani: Embodied Reflection on the Added Value of Dance Movement Therapy
	<i>Workshop</i>	Michelle Kurzenacker: The Power of Not Knowing: LSRA® (Life Source Reflection & Anticipation) Training & Method
	<i>Poster session</i>	Marianna Fiotaki, Christina Gougouli, Elena Karampoula, Maria Kokontini, Marina Rova, Dimitrios Zachos: Introducing Psychokinesis - A Network Promoting Professional Dance Movement Psychotherapy Practice in Our Home Country and Beyond Kaisa Kella: Vitalizing Connections: Dance Movement Therapy for Depression Francesca Rimoldi: Visible Spaces, Possible Meetings Monica Re: Grounding Our Ephemeral States: Dancing Among Blackberry Brambles and Unstable Ice Cubes. an Artistic Storytelling About DMT Alba Giovanna Anna Naccari: The Qualitative Approach to Research for Dance Movement Therapy Visibility. an Example of an Action Research in the Educational Field in Italy Ruth Gottfried: Compassion-Based Practices for Secondary Traumatic Stress

	Maartje Jaspers: Early Childhood Trauma Treatment in Dance Movement Therapy Using Developmental Movement and the Building Block of Attachment
16:00 - 16:45	Coffee Break
16:45 - 18:15	Workshops / Presentations / Films <i>(Choose one)</i>
	<p><i>Presentation</i> Leonie van Essen: The Moving Self in Relationship Ayala Bresler Nardi, Einat Shuper Engelhard: Mirroring as a Basis for Establishing the Therapeutic Relationship and Understanding the Patient's Needs Weronika Grantham: Embodied Healing Through Dance and Somatic Practices: Exploring Evocative Autoethnography as an Innovative Research Method in Dance Movement Therapy</p>
	<p><i>Presentation</i> Jewgenija Korman, Frank Padberg, Theresa Koch, Sabine C. Koch: DARE – DAnce Movement Therapy with REfugees from Ukraine Adda Paizi: Holding DMT's Vision by Creating Vital Spaces to Become Visible: The Emergence of the Integrative Psychodynamic DMP Model for Cancer Naomi Weitz: "Beyond the Bridge – Rays of Hope": Combining Dance Movement Therapy With the See Far CBT Model. A Case Study</p>
	<p><i>Workshop</i> Thania Acarón: Decision Making in DMT: Moving Transitions in Our Professional Identity</p>
	<p><i>Workshop</i> Helle Winther: The Five Leadership Asanas - A Holistic, Research-Based and Ritualized Movement Practice for Professionals</p>
	<p><i>Workshop</i> Suzi Tortora, Daniel Schechter, Charlotte Dubuis: Making DMT Visible, and Vital Through Collaboration in a Psychiatry Service Setting for Young Children and Their Mothers With Complex PTSD and a History of Intra-Familial Violence</p>
	<p><i>Workshop</i> Susanne Bender: A Phase Model of Growth in DMT</p>
	<p><i>Workshop</i> Krystyna Ułamek, Sonia Kuraś: My Inner Galaxy. What Does It Mean to Be a Dance Movement Therapist?</p>
	<p><i>Film</i> Aurelie Chaudieu, Sean Chen: Introducing Dance Movement Therapy (DMT) on Social Media Through Lived Experiences: Fostering Engagement Without Bypassing Ethics of the Profession Birute Baneviciute, Giedre Subotinaite: Creative Dance for Non-verbal Children: Vital Participation and Inclusion Sorina Petrescu, Joana Santos: Dance to Express</p>
19:30 - 24:00	Party

Sunday, September 14th, 2025

10:00 - 11:30	Workshops / Presentations / Films <i>(Choose one)</i>
	<p><i>Presentation</i> Vicky Karkou: Bringing Dance Movement Therapy Into Health Services: Evidence of Effectiveness, Therapeutic Factors and Mechanisms of Change Roser Ylla Boix, Mrs. Heidrun Panhofer: My Kinesphere: How Much Space Do I Occupy? Jacqueline Butler, Kate Snowden, Maura Hamer: Creating Space to Come Alive Again: Working With Mothers With Autistic Children and Children With Learning Disabilities Who Have Been Impacted by Multiple Traumas</p>
	<p><i>Presentation:</i> Melanie Foulon: Case Study: Flow as Fundamental Olga Váľková Tarasova: Breaking Stereotypes of Stress Management Programs in Organisational Practice: Building a Case for Dance Movement Therapy Ronen Meirovich: A Future Vision in Establishing DMT as a Central Profession in the Field of Psychotherapy</p>
	<p><i>Workshop</i> Indra Majore-Dusele: Mindfulness in Dance Movement Therapy – Dealing With Difficulty and Unpredictability</p>
	<p><i>Workshop</i> Meirav Tal-Margalit, Yael Melo: Cultivating Vitality and Aliveness Through Neuroscience: The STREAM Model - Integrating Somatic Experiencing and DMT, Alongside Vagal Dancing - Combining Polyvagal Theory and DMT</p>
	<p><i>Workshop</i> Fabienne Swoboda; Dreamscapes in Motion – An Experiential Deep Dive Into Our Vision</p>
	<p><i>Workshop</i> Cecilia Fontanesi: Dance Knowledge and Therapeutic Horizons</p>
	<p><i>Participative performance</i> Penelope Best: Entangled Yet Vital and Visible – Being Seen More Widely</p>
	<p><i>Film</i> Elli Kita, Dora Bareka, Olga Xanthoudaki, Panagiota Fassoula: Multimondus - A Film Made Through Mirrors Michelle Kurzenacker: Moving Poetica</p>
11:30 - 12:00	Coffee Break
12:00 - 13:30	<p>Round Table Closing Conference</p> <p>(TBA)</p>

