

5th EADMT Conference

# Visibility, Vitality and Vision of Dance Movement Therapy in an Unpredictable World

September 12-14, 2025  
Vilnius, Lithuania

## Programme and Schedule

Friday, September 12th, 2025

08:30 - 10:00	Registration
10:00 - 11:15	Opening Welcome Word from EADMT President and Organising Committee
11:15 - 12:30	Keynote Lecture Rosemarie Samaritter: <b>Fifteen Years into European Association of Dance Movement Therapy: From Co-Creating a Professional Identity Towards Unfolding Professional Landscapes</b>
12:30 - 13:30	Lunch
13:30 - 15:00	Workshops / Presentations / Films <i>(Choose one)</i>
	<i>Presentation</i> Sharon Vaisvaser: <b>The Multidimensional Self in Motion: the Neurodynamics of Dance Movement Therapy</b> Päivi Pylvänäinen: <b>Dance Movement Therapy for Adults with Depression: Creating Connections for Vitality</b> Richard Coaten: <b>Towards a Continuum of Care Practice Involving Greater Collaboration and Alignment Between Creative Practitioners and Creative Arts Therapists Working in Health, Social Care and Other Settings with a West Yorkshire (UK) Example</b>
	<i>Presentation</i> Meri Erkkilä: <b>Safe Space in Dance Movement Therapy</b> Stephan Marchant: <b>Dancing Through Life: Building Positive Health Through Play, Movement and Dance</b> Liva Kupca, Olga Gluza: <b>"My Dancing Nature" - A Case Study of a Nature-Based DMT for Caregivers of Children With Disabilities in Latvia</b>

	<i>Workshop</i>	Sara R. van Koningsveld: <b>Dance Movement Therapy on Social Media: Visibility, Credibility, and Ethics</b>
	<i>Workshop</i>	Einat Shupe-Engelhard, Maya Vulcan, Tamar Dvir: <b>Family Dance Movement Therapy in an Unpredictable World</b>
	<i>Workshop</i>	Mary Putera PhD, Marloes Shami-van Houten: <b>DMT and IEAT (Intermodal Expressive Art Therapy): Moving Forward Together</b>
	<i>Workshop</i>	Bonnie Meekums, Paula Grech, Rachele Preda: <b>Going Global: Connecting Across Cultures as a Vision for Our Future</b>
	<i>Workshop</i>	Anat Yariv, Nira Shahaf: <b>"A New Kid in Town": When DMT Meets VR (Virtual Reality)</b>
15:00 - 15:30	<b>Short Break</b>	
15:30 - 17:00	<b>Workshops / Presentations / Films <i>(Choose one)</i></b>	
	<i>Presentation</i>	Heidrun Panhofer: <b>Closing the Gap Between the Inside and the Outside: Making Sense of Today's Movement Observation and Analysis</b> Iris Bräuninger, Beatrice Bieri, Susan C. A. Burkhardt, Adriana Frazão, Paula Lebre, Lucia Maier, Zoé Moula, Celeste Simões, Hilda Wengrower: <b>Promoting Children's Emotional Health Through Movement-Based Creative Expression: An International Project</b> Marloes Shami - van Houten, Rosa-María Rodríguez-Jiménez: <b>Dance Movement Therapy and Conscious Movement as Tools for Supporting the Mental Health of Long-Term Caregivers Working With Elderly People</b>
	<i>Presentation</i>	Marianne Eberhard-Kaechele: <b>Sexuality Begins With the Dance Between Parents and Child: An Attunement Focused Approach to DMT for Sexual Disorders</b> Melanie Foulon: <b>Case Study: Flow as Fundamental</b> Dalia Zylbertal, Yifat Shalem Zafari: <b>The Choreography of Old Age – Gaining Wider Perspective and a Deeper Appreciation of the Meaning of Life Through Movement</b>
	<i>Workshop</i>	Lisbeth Bitto, Simon Wiersma: <b>The Art of Being Seen: Exploring Therapeutic Performance in Dance Movement Therapy</b>
	<i>Workshop</i>	Sonia Malaquias, Maika Campo: <b>Looking for Vitality Through Embodied Practices: From Chi Kung to Authentic Movement</b>
	<i>Workshop</i>	Nicole Hartmann: <b>Arts-Based Inquiry: Research in Movement</b>
	<i>Workshop</i>	Yaki Haas: <b>Open Studio in Dance Movement Therapy</b>
	<i>Workshop</i>	Julia Zaides, Elizabeth Tolan, Victoria de la Parra López: <b>Self-Care in Caregiving: DMT Based Practice Exploring the Embodied Subjectivity of Mothers During the Postpartum Period</b>
	<i>Film</i>	Pauline Briguet: <b>A Movement Exploration in Embodying Clients With DID (Dissociative Identity Disorder)</b> Olivia Nermin Streater: <b>LATE! Neurodivergent Affirmative Paradigms and Performance as a Means to Enhance Visibility and Vitality</b>

17:00 - 17:45	Coffee Break
17:45 - 19:00	<p>Performances:</p> <p>Simone Kleinlooh, Fabian Chyle-Silvestri: <b>Archiving Knowledge - Creating Vision!</b>  Alexandra Bălășoiu, Loredana Larionescu, Cristina Lilienfeld: <b>Mind-Moving Performative Installation</b>  Monika Ptasinska: <b>Hungry Hearts. A Dance Performance Embodying the Role of a Dance Movement Psychotherapist Working with Clients with Anorexia Nervosa</b></p>

## Saturday, September 13th, 2025

10:00 - 11:15	<p>Keynote lecture</p> <p>Marija Jakubauskiene: <b>The Perspective of Arts Therapies within Integrated Care in Lithuania</b></p>
11:15 - 12:00	Coffee Break
12:00 - 13:30	Workshops / Presentations / Films <i>(Choose one)</i>
	<p><i>Presentation</i> Sabine C. Koch, Zahra Nazemi, Nga Man Chen, Kseniia Vasilyeva, Carmen Katz, Kayleigh Cook, Christina Arnaud, Sonja J. Steltmann, &amp; Crystal Tomaszewski: <b>Dance Movement Therapy for Traumatized Refugees - A Controlled Trial</b>  Said Daoudagh, Giacomo Ignesti, Massimo Magrini, Davide Moroni, Francesca Pardini, Marina Raglianti, Laura Sebastiani, Paolo Paradisi: <b>Physiological and Movement Data Analysis in the Context of Dance Movement Therapy: The DMT@AA@THE Project Experience</b>  Katalin Szili, Katalin Walter: <b>Embodied Imprint</b></p>
	<p><i>Presentation</i> Thilaga Letchumi Sarunga Raja, Ella Dumaresq, Sabine Koch: <b>Dance in Prisons: A Systematic Review and Narrative Synthesis</b>  Aiste Kriukelyte: <b>Receptive Dance Movement Therapy for Nursing Home Residents</b>  Jacqueline Butler, Kate Snowden, Maura Hamer: <b>Creating Space to Come Alive Again: Working With Mothers With Autistic Children and Children With Learning Disabilities Who Have Been Impacted by Multiple Traumas</b></p>
	<p><i>Workshop</i> Brittini Cleland, Oleksandra Klymova, Olha Zarivnaja, Richard Coaten, Sarah Moore: <b>Courageous Connections: Cross-Cultural DMT Collaborations During the War in Ukraine</b></p>
	<p><i>Workshop</i> Petra Aicher-Pichler: <b>Vitality - Exploration of the Different Aspects of Joy</b></p>
	<p><i>Workshop</i> Simone Kleinlooh, Fabian Chyle-Silvestri: <b>Merging Intergenerational Visions in Dance Movement Therapy</b></p>
	<p><i>Workshop</i> Katharina Haenssler: <b>Visibility and the Embodied Gaze</b></p>

	<i>Workshop</i>	Loredana Larionescu, Alexandra Cucu, Ana Maria Dumitrascu: <b>Eyes of the Body-Mind</b>
	<i>Participative performance</i>	Imke Fiedler, Julie Kunsmann: <b>Dance Therapy Goes Public. A Flash Mob on the Streets in Vilnius</b>
	<i>Participative performance</i>	Weronika Cegielska, Krystyna Ułamek: <b>Let's Dance! Circle Dances in the Vibrant Streets of Vilnius</b>
13:30 - 14:30	Lunch	
14:30 - 16:00	Workshops / Presentations / Films <i>(Choose one)</i>	
	<i>Presentation</i>	Katalin Vermes: <b>Visible and Invisible Bodies: Fission and Intertwining</b> Tanja Nylander, Ina Donges: <b>Creating Expression - How to Become More Visible: Concepts of Integrative Dance Therapy</b> Donna Newman-Bluestein: <b>Visibility and Vitality as Explicit Goals in Groups With People With Dementia</b>
	<i>Presentation</i>	Hilda Wengrower: <b>Is Vitality Equivalent to Forms of Vitality or Vice Versa?</b> Alenka Lin Vrbančič Simonič: <b>Activate, Motivate, (Re)create. the Potential of Dance Movement Psychotherapy for Developing Resilience in People With Severe and Recurrent Mental Health Problems</b> Jeannette MacDonald: <b>Aspects of Vision - Envision - Revision - Supervision - The Facets of Vision Encompass Envisioning, Revising, and Supervising</b>
	<i>Workshop</i>	Theodora Bareka, Andrea Tziorta: <b>Dance Movement Therapy and Conscious Movement as Tools for Supporting the Mental Health of Long-Term Caregivers Working With Elderly People</b>
	<i>Workshop</i>	Talia Bendel Rozow, Eliza Homer: <b>Manifesting Vitality and Visibility in the Multicultural Group: A Practical Approach Using a Multicultural and Multimodal Perspective</b>
	<i>Workshop</i>	Rosa Filardi, Roberta Bassani: <b>Embodied Reflection on the Added Value of Dance Movement Therapy</b>
	<i>Workshop</i>	Michelle Kurzenacker: <b>The Power of Not Knowing: LSRA® (Life Source Reflection &amp; Anticipation) Training &amp; Method</b>
	<i>Poster session</i>	Marianna Fiotaki, Christina Gougouli, Elena Karampoula, Maria Kokontini, Marina Rova, Dimitrios Zachos: <b>Introducing Psychokinesis - A Network Promoting Professional Dance Movement Psychotherapy Practice in Our Home Country and Beyond</b> Kaisa Kella: <b>Vitalizing Connections: Dance Movement Therapy for Depression</b> Francesca Rimoldi: <b>Visible Spaces, Possible Meetings</b> Monica Re: <b>Grounding Our Ephemeral States: Dancing Among Blackberry Brambles and Unstable Ice Cubes. an Artistic Storytelling About DMT</b> Alba Giovanna Anna Naccari: <b>The Qualitative Approach to Research for Dance Movement Therapy Visibility. an Example of an Action Research in the Educational Field in Italy</b> Ruth Gottfried: <b>Compassion-Based Practices for Secondary Traumatic Stress</b>

	Maartje Jaspers: <b>Early Childhood Trauma Treatment in Dance Movement Therapy Using Developmental Movement and the Building Block of Attachment</b>
16:00 - 16:45	Coffee Break
16:45 - 18:15	Workshops / Presentations / Films <i>(Choose one)</i>
	<p><i>Presentation</i> Leonie van Essen: <b>The Moving Self in Relationship</b>  Ayala Bresler Nardi, Einat Shuper Engelhard: <b>Mirroring as a Basis for Establishing the Therapeutic Relationship and Understanding the Patient's Needs</b>  Weronika Grantham: <b>Embodied Healing Through Dance and Somatic Practices: Exploring Evocative Autoethnography as an Innovative Research Method in Dance Movement Therapy</b></p>
	<p><i>Presentation</i> Jewgenija Korman, Frank Padberg, Theresa Koch, Sabine C. Koch: <b>DARE – DAnce Movement Therapy with REfugees from Ukraine</b>  Adda Paizi: <b>Holding DMT's Vision by Creating Vital Spaces to Become Visible: The Emergence of the Integrative Psychodynamic DMP Model for Cancer</b>  Naomi Weitz: <b>"Beyond the Bridge – Rays of Hope": Combining Dance Movement Therapy With the See Far CBT Model. A Case Study</b></p>
	<p><i>Workshop</i> Thania Acarón: <b>Decision Making in DMT: Moving Transitions in Our Professional Identity</b></p>
	<p><i>Workshop</i> Helle Winther: <b>The Five Leadership Asanas - A Holistic, Research-Based and Ritualized Movement Practice for Professionals</b></p>
	<p><i>Workshop</i> Suzi Tortora, Daniel Schechter, Charlotte Dubuis: <b>Making DMT Visible, and Vital Through Collaboration in a Psychiatry Service Setting for Young Children and Their Mothers With Complex PTSD and a History of Intra-Familial Violence</b></p>
	<p><i>Workshop</i> Susanne Bender: <b>A Phase Model of Growth in DMT</b></p>
	<p><i>Workshop</i> Krystyna Ułamek, Sonia Kuraś: <b>My Inner Galaxy. What Does It Mean to Be a Dance Movement Therapist?</b></p>
	<p><i>Film</i> Aurelie Chaudieu, Sean Chen: <b>Introducing Dance Movement Therapy (DMT) on Social Media Through Lived Experiences: Fostering Engagement Without Bypassing Ethics of the Profession</b>  Birute Baneviciute, Giedre Subotinaite: <b>Creative Dance for Non-verbal Children: Vital Participation and Inclusion</b>  Sorina Petrescu, Joana Santos: <b>Dance to Express</b></p>
19:30 - 24:00	Party

**Sunday, September 14th, 2025**

10:00 - 11:30	Workshops / Presentations / Films <i>(Choose one)</i>
	<i>Presentation</i> Vicky Karkou: <b>Bringing Dance Movement Therapy Into Health Services: Evidence of Effectiveness, Therapeutic Factors and Mechanisms of Change</b> RoserYlla Boix, Mrs. Heidrun Panhofer: <b>My Kinesphere: How Much Space Do I Occupy?</b> Katri Heiskala: <b>Visibility and Vitality Through Movement: Interactive Physical Exercise for Ageing Migrant Women</b>
	<i>Presentation:</i> Olga Válková Tarasova: <b>Breaking Stereotypes of Stress Management Programs in Organisational Practice: Building a Case for Dance Movement Therapy</b> Ronen Meirovich: <b>A Future Vision in Establishing DMT as a Central Profession in the Field of Psychotherapy</b> Nira Shahaf: <b>Liveliness as an Improvisation of Vitality and Dance</b>
	<i>Workshop</i> Indra Majore-Dusele: <b>Mindfulness in Dance Movement Therapy – Dealing With Difficulty and Unpredictability</b>
	<i>Workshop</i> Meirav Tal-Margalit, Yael Melo: <b>Cultivating Vitality and Aliveness Through Neuroscience: The STREAM Model - Integrating Somatic Experiencing and DMT, Alongside Vagal Dancing - Combining Polyvagal Theory and DMT</b>
	<i>Workshop</i> Fabienne Swoboda; <b>Dreamscapes in Motion – An Experiential Deep Dive Into Our Vision</b>
	<i>Workshop</i> Cecilia Fontanesi: <b>Dance Knowledge and Therapeutic Horizons</b>
	<i>Participative performance</i> Penelope Best: <b>Entangled Yet Vital and Visible – Being Seen More Widely</b>
	<i>Film</i> Elli Kita, Dora Bareka, Olga Xanthoudaki, Panagiota Fassoula: <b>Multimondus - A Film Made Through Mirrors</b> Michelle Kurzenacker: <b>Moving Poetica</b>
11:30 - 12:00	Coffee Break
12:00 - 13:30	Round Table Closing Conference  (TBA)