

Visibility, Vitality and Vision of Dance Movement Therapy: Embodied Knowing in an Unpredictable World

Friday, September 12th, 2025

8:30 — 10:00 **REGISTRATION**

10:00 — 11:15 **OPENING**

No. 101.2

Welcome Word From EADMT President And Organising Committee

11:15 — 12:30

No. 101.2

Keynote Lecture

Rosemarie Samaritter: **Fifteen Years into European Association of Dance Movement Therapy: From Co-Creating a Professional Identity Towards Unfolding Professional Landscapes**

12:30 — 13:30 **Lunch**

13:30 — 15:00 **Presentations / Workshops / Films**

Presentation 1

No. 101.2

Pr

Sharon Vaisvaser: **The Multidimensional Self in Motion: the Neurodynamics of Dance Movement Therapy**. Päivi Pylvänäinen: **Dance Movement Therapy for Adults with Depression: Creating Connections for Vitality**. Richard Coaten: **Towards a Continuum of Care Practice Involving Greater Collaboration and Alignment Between Creative Practitioners and Creative Arts Therapists Working in Health, Social Care and Other Settings with a West Yorkshire (UK) Example**

Presentation 2

No. 102

Pr

Meri Erkkilä: **Safe Space in Dance Movement Therapy**. Stephan Marchant: **Dancing Through Life: Building Positive Health Through Play, Movement and Dance**. Liva Kupca, Olga Gluza: **"My Dancing Nature" - A Case Study of a Nature-Based DMT for Caregivers of Children With Disabilities in Latvia**

Workshop 1

No. 203

W

Sara R. van Koningsveld: **Dance Movement Therapy on Social Media: Visibility, Credibility, and Ethics**

Workshop 2

No. 204

W

Einat Shupe-Engelhard, Maya Vulcan, Tamar Dvir: **Family Dance Movement Therapy in an Unpredictable World**

Workshop 3

No. 201

W

Jeannette MacDonald: **Aspects of Vision - Envision - Revision - Supervision - The Facets of Vision Encompass Envisioning, Revising, and Supervising**

Workshop 4

No. 103

W

Bonnie Meekums, Paula Grech, Rachele Preda: **Going Global: Connecting Across Cultures as a Vision for Our Future**

Workshop 5

No. 205

W

Anat Yariv, Nira Shahaf: **"A New Kid in Town": When DMT Meets VR (Virtual Reality)**

15:00 — 15:30 **Short Break**

15:30 — 17:00 **Presentations / Workshops / Films**

Pr

Presentation

W

Workshop

Ps

Poster session

F

Film

PP

Participative performance

Presentation 3
No. 101.2



Heidrun Panhofer: **Closing the Gap Between the Inside and the Outside: Making Sense of Today's Movement Observation and Analysis.** Iris Bräuninger, Beatrice Bieri, Susan C. A. Burkhardt, Adriana Frazão, Paula Lebre, Lucia Maier, Zoé Moula, Celeste Simões, Hilda Wengrower: **Promoting Children's Emotional Health Through Movement-Based Creative Expression: An International Project.** Marloes Shami - van Houten, Rosa-María Rodríguez-Jiménez: **Dance Movement Therapy and Conscious Movement as Tools for Supporting the Mental Health of Long-Term Caregivers Working With Elderly People**

Presentation 4
No. 102



Marianne Eberhard-Kaechele: **Sexuality Begins With the Dance Between Parents and Child: An Attunement Focused Approach to DMT for Sexual Disorders.** Melanie Foulon: **Case Study: Flow as Fundamental.** Dalia Zylbertal, Yifat Shalem Zafari: **The Choreography of Old Age – Gaining Wider Perspective and a Deeper Appreciation of the Meaning of Life Through Movement**

Workshop 6
No. 103



Lisbeth Bitto, Simon Wiersma: **The Art of Being Seen: Exploring Therapeutic Performance in Dance Movement Therapy**

Workshop 7
No. 204



Sonia Malaquias, Maika Campo: **Looking for Vitality Through Embodied Practices: From Chi Kung to Authentic Movement**

Workshop 8
No. 201



Nicole Hartmann: **Arts-Based Inquiry: Research in Movement**

Workshop 9
No. 205



Yaki Haas: **Open Studio in Dance Movement Therapy**

Workshop 10
No. 203



Julia Zaides, Elizabeth Tolan, Victoria de la Parra López: **Self-Care in Caregiving: DMT Based Practice Exploring the Embodied Subjectivity of Mothers During the Postpartum Period**

Film 1
No. 209



Pauline Briguet: **A Movement Exploration in Embodying Clients With DID (Dissociative Identity Disorder).** Olivia Nermin Streater: **LATE! Neurodivergent Affirmative Paradigms and Performance as a Means to Enhance Visibility and Vitality**

17:00 — 17:45 **Coffee Break**

17:45 — 19:00 **Performances:**

Simone Kleinlooh, Fabian Chyle-Silvestri: **Archiving Knowledge - Creating Vision!** Alexandra Bălăsoiu, Loredana Larionescu, Cristina Lilienfeld: **Mind-Moving Performative Installation.** Monika Ptasinska: **Hungry Hearts. A Dance Performance Embodying the Role of a Dance Movement Psychotherapist Working with Clients with Anorexia Nervosa**



Presentation



Workshop



Poster session



Film



Participative performance

Saturday, September 13th, 2025

10:00 — 11:15
No. 101.2

Keynote Lecture

Marija Jakubauskiene: **The Perspective of Arts Therapies within Integrated Care in Lithuania**

11:15 — 12:00

Coffee Break

12:00 — 13:30

Presentations / Workshops / Films

Presentation 5
No. 101.2



Sabine C. Koch, Zahra Nazemi, Nga Man Chen, Kseniia Vasilyeva, Carmen Katz, Kayleigh Cook, Christina Arnaud, Sonja J. Steltmann, & Crystal Tomaszewski: **Dance Movement Therapy for Traumatized Refugees - A Controlled Trial**. Said Daoudagh, Giacomo Ignesti, Massimo Magrini, Davide Moroni, Francesca Pardini, Marina Raglianti, Laura Sebastiani, Paolo Paradisi: **Physiological and Movement Data Analysis in the Context of Dance Movement Therapy: The DMT@AA@THE Project Experience**. Katalin Szili, Katalin Walter: **Embodied Imprint**

Presentation 6
No. 102



Thilaga Letchumi Sarunga Raja, Ella Dumaresq, Sabine Koch: **Dance in Prisons: A Systematic Review and Narrative Synthesis**. Aiste Kriukelyte: **Receptive Dance Movement Therapy for Nursing Home Residents**. Jacqueline Butler, Kate Snowden, Maura Hamer: **Creating Space to Come Alive Again: Working With Mothers With Autistic Children and Children With Learning Disabilities Who Have Been Impacted by Multiple Traumas**.

Workshop 11
No. 201



Brittini Cleland, Oleksandra Klymova, Olha Zarivnaja, Richard Coaten, Sarah Moore: **Courageous Connections: Cross-Cultural DMT Collaborations During the War in Ukraine**

Workshop 12
No. 103



Petra Aicher-Pichler: **Vitality - Exploration of the Different Aspects of Joy**

Workshop 13
No. 204



Simone Kleinlooh, Fabian Chyle-Silvestri: **Merging Intergenerational Visions in Dance Movement Therapy**

Workshop 14
No. 205



Katharina Haenssler: **Visibility and the Embodied Gaze**

Workshop 15
No. 203



Loredana Larionescu, Alexandra Cucu, Ana Maria Dumitrascu: **Eyes of the Body-Mind**

PP1
Outside



Imke Fiedler, Julie Kunsmann: **Dance Therapy Goes Public. A Flash Mob on the Streets in Vilnius**

PP2
Outside



Weronika Cegielska, Krystyna Ułamek: **Let's Dance! Circle Dances in the Vibrant Streets of Vilnius**

13:30 — 14:30

Lunch

14:30 — 16:00

Presentations / Workshops / Films

Presentation 7
No. 102



Katalin Vermes: **Visible and Invisible Bodies: Fission and Intertwining**. Tanja Nylander, Ina Donges: **Creating Expression - How to Become More Visible: Concepts of Integrative Dance Therapy**

Presentation 8
No. 101.2



Hilda Wengrower: **Is Vitality Equivalent to Forms of Vitality or Vice Versa?** Alenka Lin Vrbaničič Simonič: **Activate, Motivate, (Re)create. the Potential of Dance Movement Psychotherapy for Developing Resilience in People With Severe and Recurrent Mental Health Problems**.



Presentation



Workshop



Poster session



Film



Participative performance

Workshop 16 No. 205	W	Theodora Bareka, Andrea Iziorta: Dance Movement Therapy and Conscious Movement as Tools for Supporting the Mental Health of Long-Term Caregivers Working With Elderly People
Workshop 17 No. 204	W	Talia Bendel Rozow, Eliza Homer: Manifesting Vitality and Visibility in the Multicultural Group: A Practical Approach Using a Multicultural and Multimodal Perspective
Workshop 18 No. 203	W	Rosa Filardi, Roberta Bassani: Embodied Reflection on the Added Value of Dance Movement Therapy
Workshop 19 No. 103	W	Michelle Kurzenacker: The Power of Not Knowing: LSRA® (Life Source Reflection & Anticipation) Training & Method
Poster session No. 201	Ps	Marianna Fiotaki, Christina Gougouli, Elena Karampoula, Maria Kokontini, Marina Rova, Dimitrios Zachos: Introducing Psychokinisis - A Network Promoting Professional Dance Movement Psychotherapy Practice in Our Home Country and Beyond. Kaisa Kella: Vitalizing Connections: Dance Movement Therapy for Depression. Francesca Rimoldi: Visible Spaces, Possible Meetings. Monica Re: Grounding Our Ephemeral States: Dancing Among Blackberry Brambles and Unstable Ice Cubes. an Artistic Storytelling About DMT. Alba Giovanna Anna Naccari: The Qualitative Approach to Research for Dance Movement Therapy Visibility. an Example of an Action Research in the Educational Field in Italy. Ruth Gottfried: Compassion-Based Practices for Secondary Traumatic Stress. Maartje Jaspers: Early Childhood Trauma Treatment in Dance Movement Therapy Using Developmental Movement and the Building Block of Attachment

16:00 — 16:45 Coffee Break

16:45 — 18:15 Presentations / Workshops / Films

Presentation 9 No. 101.2	Pr	Leonie van Essen: The Moving Self in Relationship. Ayala Bresler Nardi, Einat Shuper Engelhard: Mirroring as a Basis for Establishing the Therapeutic Relationship and Understanding the Patient's Needs. Weronika Grantham: Embodied Healing Through Dance and Somatic Practices: Exploring Evocative Autoethnography as an Innovative Research Method in Dance Movement Therapy
Presentation 10 No. 209	Pr	Jewgenija Korman, Frank Padberg, Theresa Koch, Sabine C. Koch: DARE – DAnce Movement Therapy with REfugees from Ukraine. Adda Paizi: Holding DMT's Vision by Creating Vital Spaces to Become Visible: The Emergence of the Integrative Psychodynamic DMP Model for Cancer. Naomi Weitz: "Beyond the Bridge – Rays of Hope": Combining Dance Movement Therapy With the See Far CBT Model. A Case Study
Workshop 20 No. 204	W	Thania Acarón: Decision Making in DMT: Moving Transitions in Our Professional Identity
Workshop 21 No. 203	W	Helle Winther: The Five Leadership Asanas - A Holistic, Research-Based and Ritualized Movement Practice for Professionals
Workshop 22 No. 103	W	Suzi Tortora, Daniel Schechter, Charlotte Dubuis: Making DMT Visible, and Vital Through Collaboration in a Psychiatry Service Setting for Young Children and Their Mothers With Complex PTSD and a History of Intra-Familial Violence
Workshop 23 No. 205	W	Susanne Bender: A Phase Model of Growth in DMT
Workshop 24 No. 201	W	Krystyna Ułamek, Sonia Kuraś: My Inner Galaxy. What Does It Mean to Be a Dance Movement Therapist?
Film 2 No. 102	F	Aurelie Chaudieu, Sean Chen: Introducing Dance Movement Therapy (DMT) on Social Media Through Lived Experiences: Fostering Engagement Without Bypassing Ethics of the Profession. Birute Baneviciute, Giedre Subotinaite: Creative Dance for Non-verbal Children: Vital Participation and Inclusion. Sorina Petrescu, Joana Santos: Dance to Express

19:30 — 24:00 PARTY

Pr Presentation W Workshop Ps Poster session F Film PP Participative performance

Sunday, September 14th, 2025

10:00 — 11:30 Presentations / Workshops / Films

Presentation 11 No. 101.2	Pr	Roser Ylla Boix, Mrs. Heidrun Panhofer: My Kinesphere: How Much Space Do I Occupy? Katri Heiskala: Visibility and Vitality Through Movement: Interactive Physical Exercise for Ageing Migrant Women
Presentation 12 No. 102	Pr	Ronen Meirovich: A Future Vision in Establishing DMT as a Central Profession in the Field of Psychotherapy Nira Shahaf: Liveliness as an Improvisation of Vitality and Dance
Workshop 25 No. 204	W	Indra Majore-Dusele: Mindfulness in Dance Movement Therapy – Dealing With Difficulty and Unpredictability
Workshop 26 No. 103	W	Meirav Tal-Margalit, Yael Melo: Cultivating Vitality and Aliveness Through Neuroscience: The STREAM Model - Integrating Somatic Experiencing and DMT, Alongside Vagal Dancing - Combining Polyvagal Theory and DMT
Workshop 27 No. 203	W	Fabienne Swoboda: Dreamscapes in Motion – An Experiential Deep Dive Into Our Vision
Workshop 28 No. 205	W	Cecilia Fontanesi: Dance Knowledge and Therapeutic Horizons
PP3 Outside	PP	Penelope Best: Entangled Yet Vital and Visible – Being Seen More Widely
Film 3 No. 209	F	Elli Kita, Dora Bareka, Olga Xanthoudaki, Panagiota Fassoula: Multimondus - A Film Made Through Mirrors. Michelle Kurzenacker: Moving Poetica

11:30 — 12:00 Coffee Break

12:00 — 13:30 Round Table. Closing Conference