

# ETHICS COMMITTEE

Diana Seabra (Portugal), Nina Kanevskaia (Russia)

## REPORT 2023-2024

Since previous GA, in Helsinki, Elin Rau joined Diana and Nina in the discussions concerning the Ethics Committee.

The members met online on April 23<sup>rd</sup>, May 24<sup>th</sup> and July 12<sup>th</sup>.

The members followed the goals drafted in previous GA and below we present the developments on each subject:

**(1) To create an ethics committee email** – We created [ethics.eadmt@gmail.com](mailto:ethics.eadmt@gmail.com) which password is shared among Diana, Nina and Elin. In this google account you can find all documents that had been shared amongst the members, organized on google drive. Also, from that point on, all communications with the ethics committee should be done through that email.

**(2) To review the ethical code** (include more general concerns such as: war crisis, natural disaster, sustainability, pandemics, diversity)

This revision is ongoing and requires further work to ensure that the language in the code of ethics addresses issues specific to a European context.

As we reviewed the code of ethics, several questions arose during our discussions:

- When the code of ethics mentions that national associations must protect the title "dance movement therapist," are we being specific about that exact title? Other countries use different terms—for example, Russia refers to "dance movement psychologists," while Germany uses "dance therapists." Should the code of ethics include all possible variations? Should we provide clarification regarding different

titles used in various countries? Would it be helpful to have a list detailing how DMT is named in each country?

- If a country has more than one national association applying to become a member of EADMT, can EADMT accept more than one association from the same country? Should this issue be addressed in the code of ethics, or is it a matter for the Membership Committee and thus not mentioned in the code?

**(3) Create ethical guidelines for the conference working group** (physical accessibility, diversity in presenters and workshop leaders, housing support for delegates and deputies, insert special needs information when filling out the conference registration, include topics on diversity, special needs, migration, racism, discrimination)

These guidelines were created and sent out to the board. You can find them attached to this report and also on google drive of ethics google account.

#### **(4) Send out the survey to the national associations**

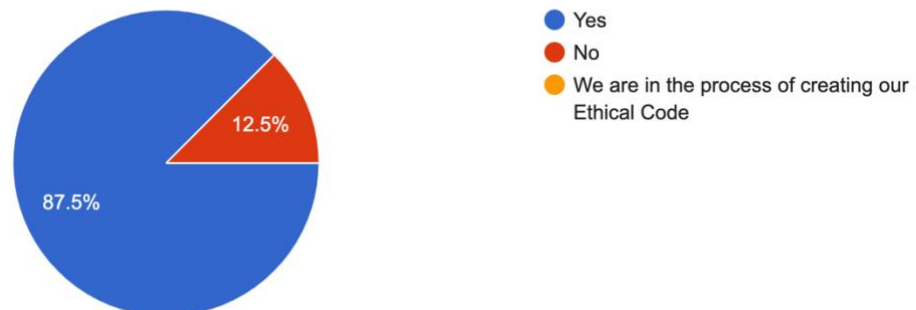
A survey was sent out to Indra, to be sent out to all national associations.

We got 8 responses from the following countries: Germany, Latvia, Austria, Italy, Finland, Poland, Switzerland and Portugal.

Below is a summary the current responses.

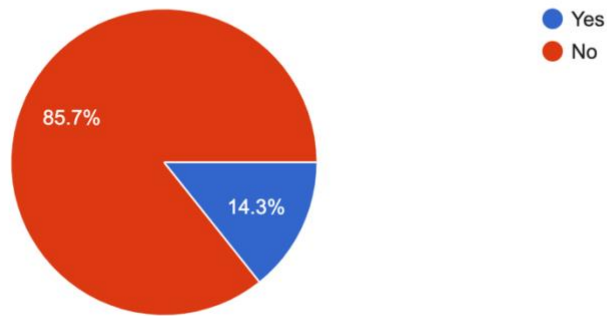
1 - Do you have an Ethical Code?

8 responses



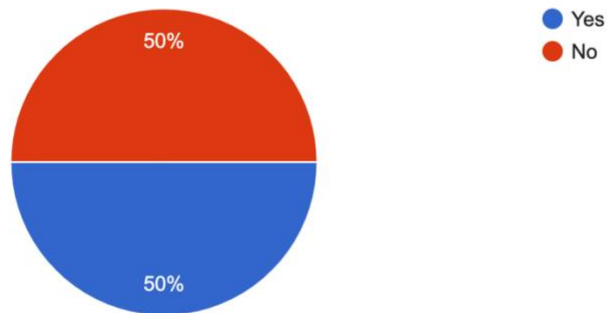
2 - If you responded yes on question 1: Is it translated into English?

7 responses



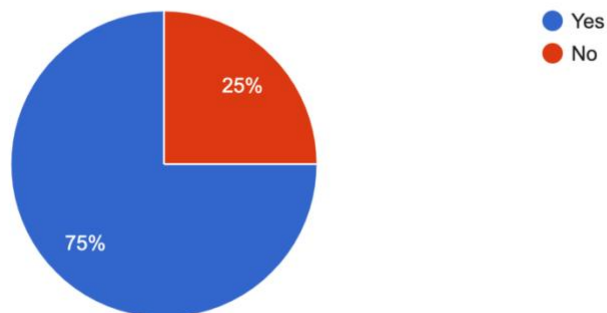
3 - Do you have an Ethics Committee in your association?

8 responses



4 - Has your association dealt with any ethical problem?

8 responses



**5 - If you responded yes, can you describe what type of problem and how did your association address it?**

Make sure you keep confidentially in the description.

Problems listed include:

- issues between supervision and student
- lawsuits or complaints between patients and therapists
- administrative flaws in board members
- regulation of the profession

**6 - How do you perceive potential ethical issues that may arise from your national association that are connected to EADMT/on a European level?**

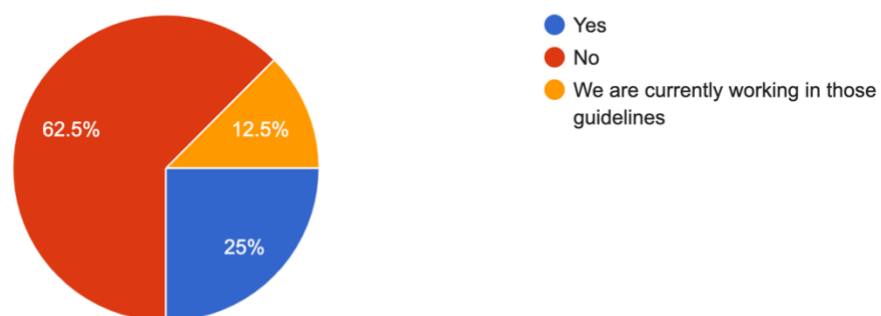
We are still analyzing these answers.

**7 - How is your association addressing discrimination and prejudice based on race, religion, sexuality, gender and cultural minorities?**

All answers stated that there haven't been issues regarding these topics.

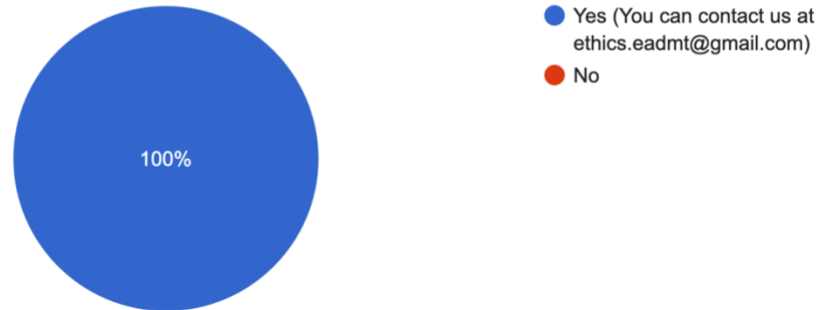
**8 – Does your association have specific guidelines or sections in its ethical code pertaining to online work?**

8 responses



9 - If you answered yes or currently working in question 8, would you consider sharing that information with the ethics committee?

3 responses



We believe we should get more responses from the rest of the countries to then do a more detailed analyses.

**Final note:**

Diana will be stepping down from this committee.

Nina and Elin will continue to work together.

Diana's words:

“Serving on the Ethics Committee over the past three years has been a deeply enriching experience. It has ignited within me a profound curiosity to explore ethical questions more

deeply, trace the evolution of civilization, and reflect on my own life as shaped by a history of privilege—one that must be questioned and challenged. The most challenging and hardest aspect of this role was revisiting the code of ethics. These reviews often led to intricate debates, where we felt like we were going in circles or retracing our steps. However, I believe that these discussions sharpen our collective understanding. I hope that my contributions have been meaningful, and I trust that the EADMT will continue to lead the way in ethical and principled decision-making.”