



EADMT President Report 2024-2025

Since the last GA we have entered a new transition period with a new member as treasurer. I would like to publicly thank Iza Guzek for her hard work, organisational skills, and positive attitude in the face of difficulties. I also warmly welcome Petra Aicher-Pichler who joined us at a particularly challenging moment in the Erasmus+ project. I greatly appreciate her commitment and rigorous contribution to this process.

The year has inevitably been marked by wars affecting so many people, as well as climate-related disasters. All of this has undoubtedly impacted us as individuals who work in mental health with vulnerable groups. Those issues have been very present in many of the conversations within our community.

Regarding my work during this year, it has been primarily focused on the 5th conference and the DanceCare Erasmus+. Below are the tasks I have carried out:

- Attendance to eight on-line board meetings, as well as numerous mails and messenger exchanges and one face-to-face meeting in Vienna (Austria) in June 2025. There, we also had the opportunity to hold meaningful meetings with group and committee coordinators, work on various proposals, and prepare the agenda for the next GA.
- Attendance at several meetings and maintain informal conversations with the conference group coordinator and the Lithuanian Association in preparation for the 2025 conference.
- Attendance at two meetings with the Ethical Committee. During the January 2025 meeting, we invited Susan Scarth as assessor, given her experience and knowledge within the EADMT.
- Attendance at several meetings with SPRWG for discussing financial support for the project mapping places and institutions offering DMT in Europe.
- Communication with delegates of national associations in need of extra support.
- Preparation of different communications: New Year wishes, Newsletter, Conference welcome message, and a historical overview of the last five EADMT Conferences.

EUROPEAN ARTS THERAPIES

- Attendance at two meetings with the European Arts Therapies Group. The next meeting will take place on October 1st. We are currently collaborating on a joint proposal to ECARTE for 2026, as we successfully did for ECARTE 2024 (Ghent, September 11-14, 2024).

DANCECARE ERASMUS +:

It is exciting to see how well the project is progressing. I would like to thank the team - Marloes Van Hoven, Dora Bareka, Andrea Tziorta, Myrto Zar, and Adel Qutaini - for their valuable work. Phase WP3, which involved creating the programme, coordinated and led by EADMT, has now been completed. I would like to thank everyone who contributed in one way or another, whether by answering the initial questionnaire, participating in focus groups, or providing their expertise on an ad hoc basis.

We are now in WP4, which involves implementing and evaluating the programme in the three agreed countries.

Tasks carried out: I have held regular follow-up meetings with the project manager, accountant, and our treasurer.

Andrea Tziorta is currently on maternity leave for three months. Following another call in August, Aleksandra Chlipala has joined the Erasmus+ team as her replacement. I would like to thank Indra for supporting the candidate interview process.

Tasks carried out: to agree on the transition plan together with Marloes, finalize, and sign the work agreement.

Although the project has already been presented at various conferences and events—such as through an oral presentation and a workshop at this year's EADMT conference—the paper preparation phase will begin in the coming weeks.

HORIZON PROJECT

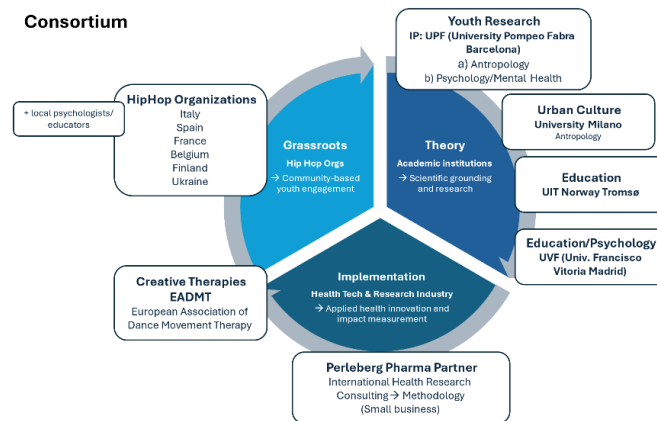
HORIZON-CL2-2025-01-TRANSFO-08 call: *Improving mental health outcomes for people in education, training, and work.*

A new opportunity to participate in a European project arose at the end of July. The goal is to investigate how tools rooted in Hip Hop culture together with DMT resources can support young people in coping with mental health challenges—ultimately enhancing their participation in education, training, and employment, and promoting broader social inclusion. The coordinators invited EADMT to participate. Together with **Elin Rau** from the German Association, we have contributed ideas on how DMT could be included in the project.

Due to challenges regarding tax rates in Germany with Erasmus+, it is most appropriate for EADMT to participate as an **Associate Partner**, which means EADMT will not receive direct funding. Instead, DMTs working on the project would be reimbursed through the universities involved as full partners.

Tasks carried out: I have attended several meetings with the coordinators, written paragraphs on creative therapies (particularly DMT and young people), registered EADMT on the EU Horizon Platform (different from Erasmus+), and submitted the partnership form (as a declaration of intent).

At the time of writing this report, participation is not yet guaranteed, as several points remain open. We will present and update at the GA for approval.



I believe that participation in international projects brings visibility to the profession and creates valuable opportunities for DMTs to contribute and work. We have already seen enormous community interest in the two recent job calls in the Erasmus+, with more applications than expected.

My goal for the coming year is to continue strengthening our community networks and the recognition of our profession, while also promoting research in the field.

Thank you for your trust!!

Rosa-María Rodríguez-Jiménez
EADMT President